

# For and Since

## PRESENT PERFECT STATEMENT

I have gone to Hawaii  
Mary has been sick  
Ander has had a cold  
We have not driven

## TIME EXPRESSION

**for** 2 years.  
**for** several weeks.  
**since** 2015.  
**since** Friday.

Use **for** when an action continued for a certain amount of time.

Use **since** when an action began at a specific time.

FOR SINCE

**EXERCISE 1:** Complete the sentences with **since** or **for**.

1. I haven't heard from your cousin \_\_\_\_\_ over a week.
2. The weather in Canada has been cold \_\_\_\_\_ December.
3. Tanya has studied English \_\_\_\_\_ less than two years.
4. You have had a cold \_\_\_\_\_ the beginning of the week.
5. Mrs. and Mr. Brown have been married \_\_\_\_\_ 5 years.
6. There has been snow \_\_\_\_\_ Thanksgiving Day.
7. We haven't seen the teacher \_\_\_\_\_ last month.
8. I have known my best friend \_\_\_\_\_ 1993.
9. They have been in Russia \_\_\_\_\_ more than 10 years.
10. Michel and Gloria have taken a vacation \_\_\_\_\_ a week.