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# HRLR & LRLR ICT Indicator for MetaTrader 4 Download - Free - [TFlab]



The **High Resistance Liquidity Run (HRLR)** and **Low Resistance Liquidity Run (LRLR)** indicators,**powerful tool in** **MetaTrader 4 indicators** for analyzing**price behavior** in relation to **liquidity zones**, derived from the **ICT methodology**.

The **HRLR (High Resistance Liquidity Run)** occurs when the **price starts to gather liquidity** after forming its **lowest low**, initiating a movement.

This movement leads to the creation of **higher lows** and **higher highs**, eventually transitioning into an **upward trend**.

Conversely, the **LRLR (Low Resistance Liquidity Run)** represents the **smooth price movement** towards **liquidity zones with lower resistance**.

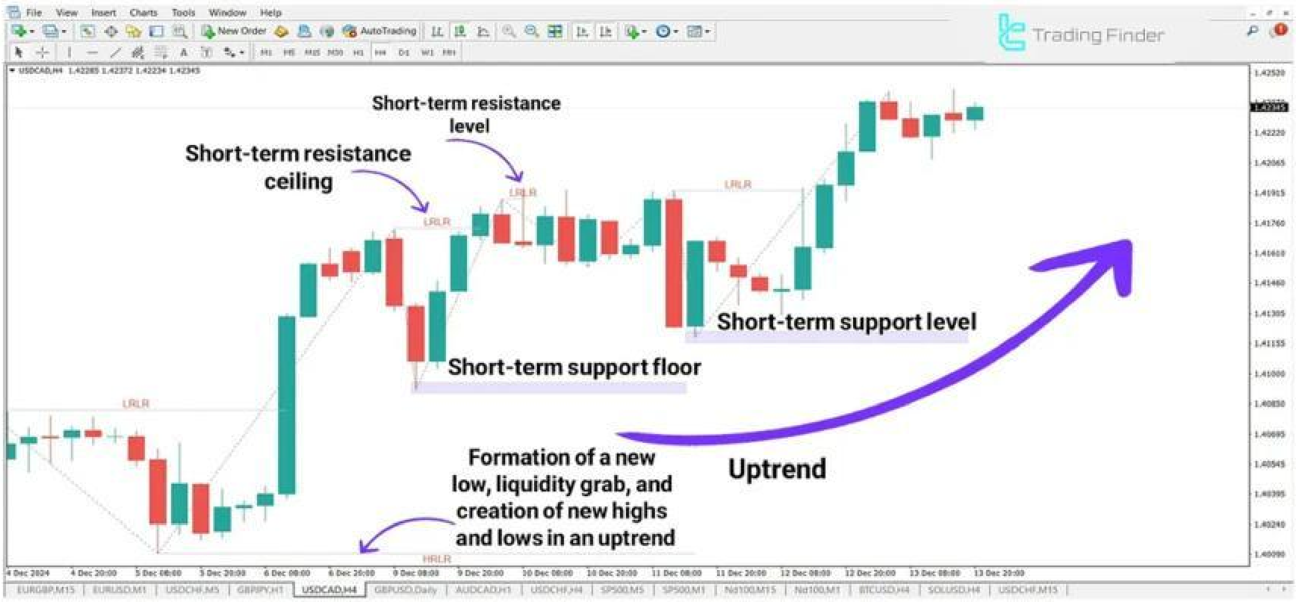
In this scenario, the**price moves upward** by forming **higher lows**, reaching **new peaks**. These peaks represent **LRLR (Low Resistance Liquidity Runs)** within the **trend structure**.

In this scenario, traders can enter **buy trades** in this **key area** by confirming patterns such as **pin bars** or strong **bullish candles**.

## Indicator in an Uptrend

On the **price chart** of the **USD/CAD** currency pair in the **4-hour timeframe**, the price, after forming **HRLR** (High-Resistance Liquidity Movement), begins creating **new lows and highs** within an **uptrend**.

In this scenario, traders can enter **buy trades** in this **key area** by confirming patterns such as **pin bars** or strong **bullish candles**.

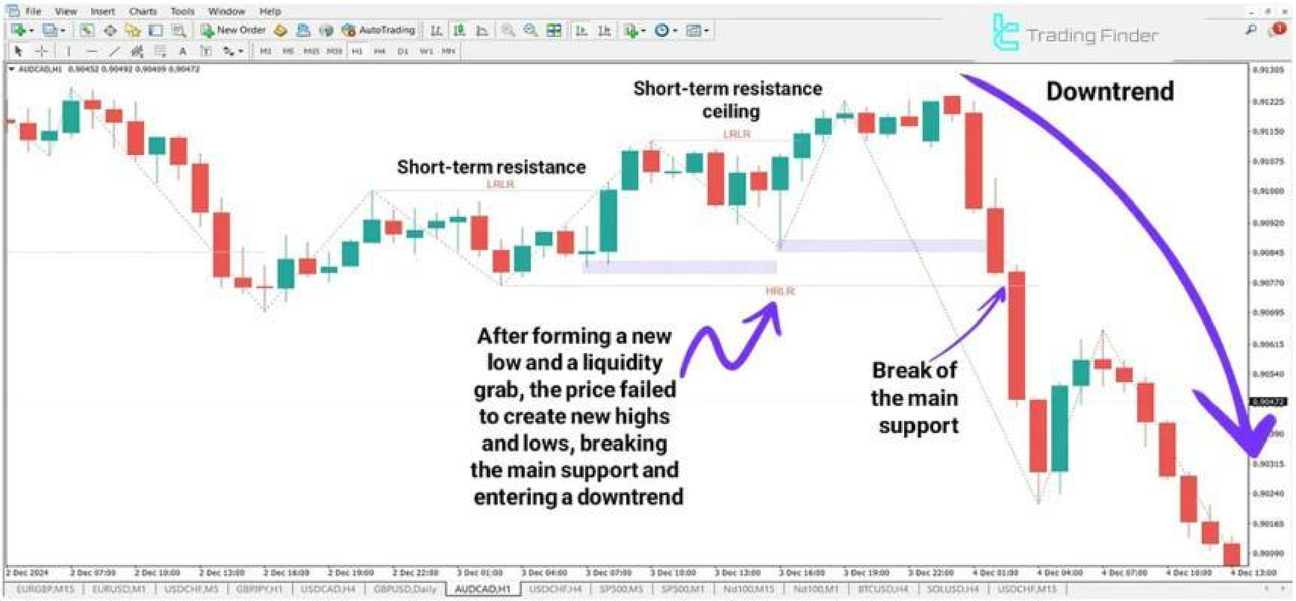



Liquidity grab and formation of new highs and lows in an uptrend

## Indicator in a Downtrend

In the following **downtrend**, the price temporarily grows after a **liquidity grab**, but after forming **two short-term lows**, it fails to form **higher highs and lows**.

Consequently, with the **break of one of these main lows**, traders can receive the necessary confirmation to enter **sell trades** in line with the continuation of the ***downtrend***




Break of the main low and price's inability to create a new high

## Settings of the HRLR & LRLR Indicator

In the image below, a complete description of the indicator settings is provided, which includes [Display and Indicator Setting]:


Indicator settings on the chart (USD/CHF)

- **Color Theme of Chart and Object**: The background theme of the indicator;
- **Bar Count**: Counts the number of reversal candles to display the indicator.

## Conclusion

**HRLR & LRLR indicator** identifies **key reversal zones** or **trend continuation areas** by analyzing the formation of **new highs** and **lows**.

In scenarios where **higher highs** and **higher lows** or **lower highs** and **lower lows** are formed, this indicator plays a crucial role in confirming **entry** or **exit** points in a trade.

## Sources:

1- HRLR & LRLR ICT for MT4:

https://tradingfinder.com/products/indicators/mt4/hrlr-lrlr-free-download/

2- HRLR & LRLR ICT Indicator for MT5:

https://tradingfinder.com/products/indicators/mt5/hrlr-lrlr-free-download/

3-HRLR & LRLR ICT Indicator on YouTube Channel:

https://youtu.be/c6sYOfRYsHA

4- All Indicators:

https://tradingfinder.com/products/indicators/