

UNIT 3: MUSIC

THE POWER OF MUSIC

Music plays an important role in human life. It has the ability to influence our emotions, thoughts, and behaviors. People listen to music for various reasons – to relax, to concentrate, or simply to enjoy their free time. Different genres of music can have different effects on people. For example, classical music is often used to help people focus and reduce stress, while pop music is popular for its catchy melodies and simple lyrics.

Many studies have shown that music can improve mental health. Music therapy is widely used to help people with anxiety, depression, and even memory problems. Patients who listen to calming music often feel more relaxed and positive. On the other hand, energetic and upbeat music can make people feel more motivated and active.

Moreover, music is a universal language that connects people from different cultures. No matter where you are from, you can enjoy and appreciate music. Many famous composers, such as Beethoven and Mozart, created timeless pieces that are still loved today. At the same time, modern artists continue to shape the music industry with new and exciting styles.

Overall, music is not just a form of entertainment—it is a powerful tool that influences our emotions, health, and society.

1. The text mentions that classical music has no impact on emotions.	T	F
2. Pop music is the most popular genre among teenagers.	T	F
3. Music can be used to improve productivity and concentration.	T	F
4. The article states that music therapy is not beneficial for mental health.	T	F
5. Some music genres help people relax and reduce stress.	T	F

II . MULTIPLE CHOICE

1 What is the main idea of a passage

A. The history of music

B. The impact of music on people's emotions and lives

C. Different types of musical instruments

D. Why people prefer rock music

2 According to the passage, music can help people

A. become more stress

B. concentrate better

C. feel more exhausted

D. forget their problems

3 What kind of music is usually used to help people relax?

A. Heavy mental

B. Classical and instrumental music

C. Rock and pop

D. Fast and loud music

4 4. Which statement is NOT true according to the passage?

A. Music can fluence people's moods.

B. All people enjoy listening to the same type of music

C. Music therapy is used to treat some mental health problems.

D. Music is an important part of human life.

III. Word Definition Matching

Nối từ vựng với định nghĩa đúng.

Words	Definitions
11. melody	A. a person who writes music
12. composer	B. a style of music with strong rhythm and simple melodies
13. genre	C. a series of musical notes that sound pleasant together
14. lyrics	D. the words of a song
15. pop music	E. a category of music with specific characteristics
	F. a type of slow and emotional music
	G. someone who plays a musical instrument professionally