

# EASTER TRADITIONS



Easter is an important Christian holiday celebrated in many countries. It remembers the resurrection of Jesus Christ. Easter Sunday is always on a different date each year, but it is in March or April. Many people go to church, spend time with their families, and take part in special traditions.

The Easter season begins with Ash Wednesday. This is the first day of Lent, which lasts for 40 days. During Lent, some Christians stop eating certain foods, like sweets or meat, to remember Jesus' sacrifice.

The last week before Easter is called Holy Week. It begins with Palm Sunday, which remembers when Jesus arrived in Jerusalem. On Maundy Thursday, people remember the Last Supper, the final meal Jesus had with his disciples. Good Friday is a sad day because it marks Jesus' crucifixion. Many people go to church to pray.

Easter Sunday is a happy day because it celebrates Jesus' resurrection. Churches have special services, and families come together for meals. In many countries, children look for chocolate eggs in Easter egg hunts. Some people eat traditional foods like hot cross buns in the UK or special Easter bread in Poland.

In different parts of the world, people celebrate Easter in different ways. In Spain, there are big religious parades. In Poland, on Easter Monday, people splash water on each other in a fun tradition called Śmigus-Dyngus.

Easter is a time of joy, hope, and new beginnings.

## 1 Match the words to their definitions.

Resurrection  
Lent  
Maundy Thursday  
Good Friday  
Easter Sunday  
Crucifixion  
Sacrifice  
Palm Sunday  
Śmigus-Dyngus

The day Jesus was nailed to the cross  
The last meal Jesus had with his disciples  
The return of Jesus to life after death  
A period before Easter that starts on Ash Wednesday  
The day Jesus entered Jerusalem  
The tradition of splashing water on people  
Giving up something important for a religious reason  
A happy day celebrating Jesus' resurrection  
The Friday before Easter Sunday



## 2 complete the gaps.

- \_\_\_\_\_ is a time of 40 days when some Christians stop eating certain foods.
- \_\_\_\_\_ is the day that starts Holy Week.
- \_\_\_\_\_ is the day when Jesus was crucified.
- On \_\_\_\_\_, Christians remember the Last Supper.
- Easter Sunday celebrates the resurrection of \_\_\_\_\_.
- Many children enjoy looking for \_\_\_\_\_ during Easter egg hunts.

## 3 Mark the sentences true or false.

- Easter is always on the same date every year.
- Ash Wednesday is the last day of Lent.
- Good Friday is a happy day of celebration.
- In the UK, people eat hot cross buns at Easter.
- Śmigus-Dyngus is a tradition in Spain.

