



- C CONFIRM CONTENT AND APPLY INFORMATION** Complete the chart with information from the article. Then, with a partner, give your own advice for each person.

	Problem	Dr. Weiss's advice	Your advice
Josephine			
Calvin			
Dawson			

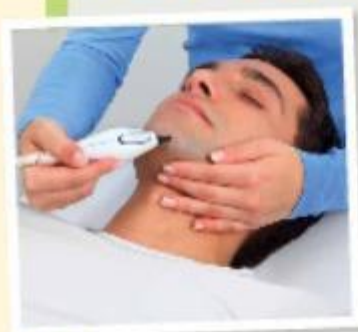
NOW YOU CAN

Discuss ways to improve appearance

- A FRAME YOUR IDEAS** Take the opinion survey about ways to improve appearance.

How far would you go to improve your appearance?

Would you try ...



	definitely	maybe	probably not	absolutely not!
diet?	☐	☐	☐	☐
exercise?	☐	☐	☐	☐
massage?	☐	☐	☐	☐
hair restoration?	☐	☐	☐	☐
cosmetics and makeup?	☐	☐	☐	☐
facials?	☐	☐	☐	☐
face-lifts?	☐	☐	☐	☐
liposuction?	☐	☐	☐	☐
chemical peels?	☐	☐	☐	☐

- B NOTEPADDING** Choose one method you would try and one method you would not try. On the notepad, write advantages and disadvantages.

Method	Advantage(s)	Disadvantage(s)
I would try diet.	free, safe	It's hard to do!

Method	Advantage(s)	Disadvantage(s)

- C DISCUSSION** What's the best way to improve your appearance? What ways would you NOT try? Explain. Use your notepad for support.

Text-mining (optional)

Find and underline three words or phrases in the Reading that were new to you. Use them in your Discussion. For example: "surgical procedures."