

Unit Test (Unit 1)

A Choose the correct answer, A, B or C.

- You should put on your _____. It's cold outside.
A. polo neck B. overcoat C. tracksuit
- I _____ about going on a holiday to Bermuda, but I haven't decided yet.
A. am thinking B. think C. will think
- The shops stay open longer during the holiday season, and _____ until after eight o'clock.
A. didn't close B. aren't closing C. don't close
- Those _____ new trainers are so popular that everyone is wearing them.
A. trendy B. formal C. sociable
- I've been so busy with work lately that I _____ have time to watch TV.
A. usually B. often C. rarely
- An elegant _____, white shirt and a smart tie would be an appropriate choice for your job interview.
A. trainer B. necklace C. suit
- If you weren't so _____, you would listen to her suggestions and go to see a doctor.
A. consistent B. stubborn C. sporty
- I usually wear _____ clothes, but today I think I will wear something a bit more formal.
A. casual B. unpredictable C. skinny
- Lola can't come to the phone right now. She _____ her homework.
A. is doing B. does C. did
- Her roommates are _____ complaining about the loud music coming from the flat next door.
A. sometimes B. rarely C. always

score ☐ 10

B Read the text below. For questions 1-5, decide which word or phrase A, B, C or D best fits each space. There is an example at the beginning (00).

Most of us usually (00) B our clothing choices based on our everyday life. We wear clothes which are appropriate for the (1) _____ — like a suit and tie for work, or trainers when we go to the gym. We also try to express our personality and influence how people see us through our choices. But researchers have found that what we wear also (2) _____ how we feel about ourselves and how well we do.

We can see this very clearly when we look at work clothes. We associate smart clothes, like suits and jackets, with work, and for good reason. When you are wearing these clothes, you feel more (3) _____ and your decision-making improves. Uniforms, whether for work or school, also strongly affect our performance. One study found that medical researchers made fewer mistakes if they wore their lab coats, and school children did better in tests when wearing their uniforms. Clothing can also affect mood. Are you feeling down and depressed? Studies show that bright colours (4) _____ our mood. This is true even for clothes which are covered and can't be seen, like socks. So, next time you are feeling down, (5) _____ on something colourful. It might give you a lift!

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|-----------------|----------------|---------------|-------------------|---------------------------------------|
| 00 (A) made | (B) make | (C) making | (D) are making | ☒ B |
| 1 (A) habit | (B) occasion | (C) residence | (D) work | ☐ |
| 2 (A) changes | (B) change | (C) changing | (D) is changing | ☐ |
| 3 (A) forgetful | (B) indecisive | (C) confident | (D) reserved | ☐ |
| 4 (A) improve | (B) improves | (C) improved | (D) are improving | ☐ |
| 5 (A) putting | (B) dressing | (C) dress | (D) put | ☐ |

score ☐ 5

C You have decided to start a blog and want to make a post to introduce yourself. Write a profile (100-120 words) in which you include the following points:

- a description of yourself
- your interests
- Begin like this: *Hi there,*
- why you are making the blog

score ☐ 10

total score ☐ 25