

INSPIRED TOTS EARLY LEARNING CENTER
SECOND TERM EXAMINATION 2024/2025.

NAME: _____

HEALTH EDUCATION

2nd Grade

Use the words from the box to complete the sentence



Caring for Our Teeth



six months	plaque	two
meal	sweet	decay

1. Use the words from the box above to complete the sentences.

- a) We should brush our teeth after every _____.
- b) If we don't brush our teeth, they will _____.
- c) We should visit the dentist every _____.
- d) A good way not to care for our teeth is to eat lots of _____ things.
- e) If we do not brush our teeth regularly _____ is made.
- f) We should brush our teeth at least _____ times each day.

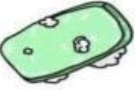


write true or false in the lines

- a) A hard toothbrush is great for our teeth. _____
- b) Visit the dentist once every six weeks. _____
- c) Tooth decay is when your teeth have holes in them. _____
- d) We should brush our teeth irregularly. _____
- f) Floss helps us to clean in between our teeth. _____
- g) Mouthwash is good for our teeth and gums. _____



Write the correct answer for each diagram in the boxes below

	bathtub toothbrush		towel mirror
	toilet paper soap		toothbrush comb
	shower towel		shampoo bathtub
	toothpaste soap		toilet shower
	towel shampoo		soap comb
	toothbrush mirror		toilet sink

1. An _____ is a doctor who specializes in medicine only related to the ear.

a. Otologist b. Otolaryngologist c. Ophthalmologist d. Entomologist

2. A _____ is a doctor who specializes in medicine related to the eye.

a. Opthamologist b. Doctor c. otolaryngologist d. obstetrician

3. I should floss my teeth _____ after I eat.

a. Anytime b. As soon as possible c. sometimes. d. Never

4. How many players are on a football team?

- a. 11 b. 10 c. 9 d. 22

5. What is the other name for football sport?

- a. Soccer b. Leg ball c. Baseball d. Bootball

6. Germs can spread by sharing _____.

- a. Personal items b. Wi-fi c. garden d. Ideas

7. Some common diseases that spread through physical contact are common cold, influenza, skin diseases, red eyes and _____.

- a. Toothache b. Covid 19 c. itchiness d. Headache

8. Emma has a cold and borrows Lily's marker which she returns after use. Few days later, Lily has a _____.

- a. stomach ache b. itchiness c. cold d. Body pain

9. When there is pressure on both sides of the eardrum, there will be _____ danger of harming it.

- a. more b. less c. all of the above

Write true or false to answer the following questions.

10. Doctors encourage candling as a way to remove wax from the ear.

11. It is good to trim our finger nails with our teeth. _____

Fill in the blanks with the correct answer.

12. What is the purpose of earwax? _____

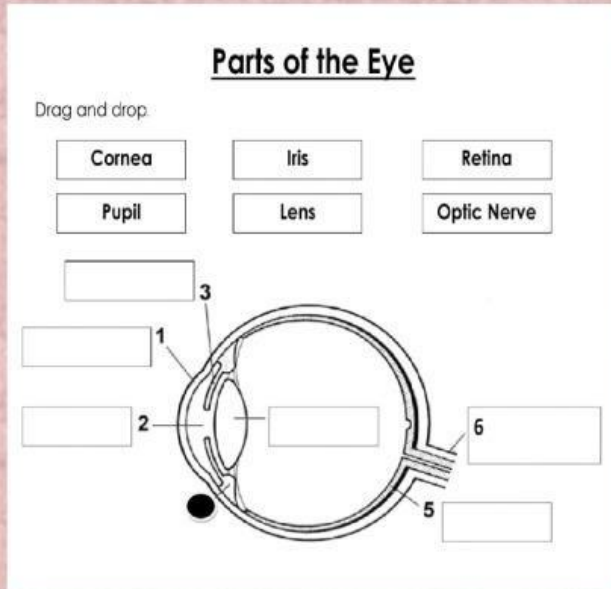
13. Mention 2 ways we should care for our eyes

i. _____

ii. _____

14. When I breathe through my _____ the air is cleaned and warmed before it enters my body.

15. Label the parts of the eye.



17. Germs will do one of the following _____.

a. Make us happy b. Make us sick c. Help us to study d. Help us play

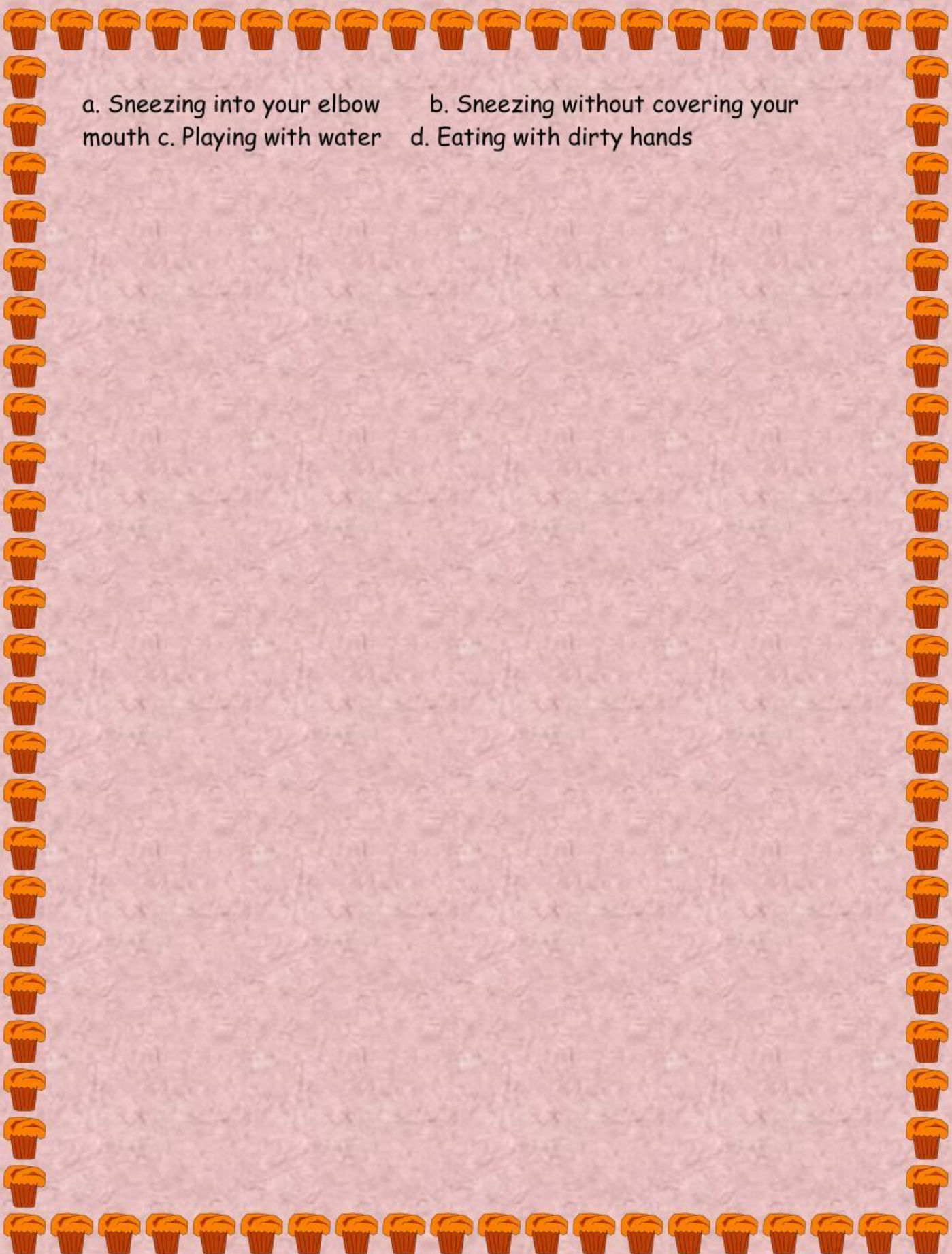
18. Some common diseases that spread through physical contact are common cold, influenza, skin diseases, red eyes and _____.

a. Toothache b. Covid 19 c. itchiness d. Headache

19. Whenever I am sick, my body needs _____ rest.

a. more b. less c. no

20. You can prevent the spread of a cold flu by _____.



a. Sneezing into your elbow
mouth c. Playing with water

b. Sneezing without covering your
d. Eating with dirty hands