

I. 1 – Read and complete the text with the following words:

respect	society	positive	activities	projects
racism	local	justice	Human	teaches



Volunteering is a wonderful way to make a _____ impact in our communities and help those in need. It's also an important tool for fighting against _____ and supporting the principles found in the Universal Declaration of _____ Rights (UDHR). This declaration emphasizes that every person, regardless of their background, deserves _____, dignity, and equal rights.

Many people around the world face discrimination because of their race or other differences. When we volunteer, we can help change this by standing up for those who may not have a voice. We can participate in _____ that promote understanding and acceptance, like helping at community centres, tutoring students from different backgrounds, or supporting _____ organizations that work against racism.

Volunteering also _____ us about different cultures and perspectives, which broadens our understanding of others. It encourages kindness and empathy, showing us how important it is to treat everyone with respect. By working together in volunteer _____, we can create a sense of community where everyone feels valued.

Ultimately, by volunteering, we are not only helping ourselves grow as individuals but also taking action to uphold the values of the UDHR. We contribute to a _____ that respects the rights of all its members, helping to build a future where equality and _____ are essential.

2 – Match the following pictures with these types of volunteering work:

cleaning up a local park	helping disabled children	volunteering at an animal shelter	volunteering at local food banks
volunteering at homeless shelter	reading stories to younger children	volunteering at a local nursing home	donating toys to children's organisations



1 - _____

2 - _____

3 - _____

4 - _____



5 - _____

6 - _____

7 - _____

8 - _____

II.1 – Choose one of the following verbs to complete the sentences in the **PAST PERFECT**:

VISIT	MAKE	FINISH	GO	SEE	PHONE	LIVE	BUILD
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- 1 – Peter didn't come with us because he _____ this film before.
- 2 – The teacher asked me if I _____ London before.
- 3 – I didn't want to move because I _____ in Portugal all my life.
- 4 – My mother wasn't at home when I arrived. She _____ shopping.
- 5 – The wind destroyed the sandcastle that we _____.
- 6 – My brother ate all the cake that my mother _____.
- 7 – I _____ Jack before I met him at the cinema.
- 8 – They drank a coffee after they _____ their lunch.

2 – Choose the correct form of the verbs: **PAST SIMPLE** or **PAST PERFECT**:

- 1 – After he _____ (**finished / had finished**) school, he _____ (**worked / had worked**) as a mechanic.
- 2 – Before the students _____ (**started / had started**) the test, the teacher _____ (**collected / had collected**) their mobile phones.
- 3 – After I _____ (**ate / had eaten**) my breakfast, I _____ (**went / had gone**) to school.
- 4 – The teacher _____ (**asked / had asked**) me why I _____ (**missed / had missed**) classes.

3 – Complete the following sentences with the appropriate **QUESTION-TAG**:

- 1 – You haven't seen this film, _____?
- 2 – Your sister lives in Spain, _____?
- 3 – Your mother can't drive, _____?
- 4 – Mark is a doctor, _____?
- 5 – I don't need to finish the project today, _____?
- 6 – Mark and Peter will arrive soon, _____?
- 7 – You ate my biscuits, _____?
- 8 – I shouldn't eat fast food, _____?
- 9 – I'm always late, _____?
- 10 – Susan works in a bank, _____?
- 11 – Your father bought a new car, _____?
- 12 – Mark plays the piano, _____?