

1/5

What is a precursor?

A. A conditionally essential vitamin

B. A sign or symptom of a vitamin deficiency disorder

C. A substance that is used to synthesize another compound

D. A substance that is recycled through the liver and intestines

2/5

Which of the following vitamins would be removed in the production of skim milk?

A. Thiamin

B. Vitamin A

C. Riboflavin

D. Vitamin B12

3/5

What is the primary excretory route for the water-soluble vitamins?

A. Bile

B. Kidney

C. Intestine

D. Perspiration

4/5

What is the chief function of the B vitamins?

A. Antioxidation	B. Anticoagulation	C. Antibody stabilization	D. Coenzyme participation
------------------	--------------------	---------------------------	---------------------------

5/5

General characteristics of the water-soluble vitamins include all of the following except

A. They must be consumed daily	B. Toxic levels in the body are rarely found	C. They are absorbed directly into the blood	D. Excesses are eliminated from the kidneys
--------------------------------	--	--	---

The Water Soluble Vitamins

Settings Preview Publish

Quizizz AI Actions

- Add similar questions
- Add answer explanations
- Translate quiz
- More options

AI limit 0/10 per month

Bulk update questions

Time Points

Search questions from Quizizz Library

The Water Soluble Vitamins

Search questions

1. Multiple Choice 30 seconds 1 point

What is a precursor?

Answer choices:

- A. A conditionally essential vitamin
- B. A sign or symptom of a vitamin deficiency disorder
- C. A substance that is used to synthesize another compound
- D. A substance that is recycled through the liver and intestines

2. Multiple Choice 30 seconds 1 point

Which of the following vitamins would be removed in the production of skim milk?

Answer choices:

- A. Thiamin
- B. Vitamin A
- C. Riboflavin
- D. Vitamin B12

The Water Soluble Vitamins

Settings
Preview
Publish

Quizizz AI Actions

Add similar questions
Add answer explanations
Translate quiz
More options

AI limit: 0/10 per month

Bulk update questions
Time
Points

5 questions (5 points)
Search questions
Add question

3. Multiple Choice
30 seconds
1 point
AI

What is the primary excretory route for the water-soluble vitamins?

Answer choices

A. Bile
B. Kidney
C. Intestine
D. Perspiration

4. Multiple Choice
30 seconds
1 point
AI

What is the chief function of the B vitamins?

Answer choices

A. Antioxidation
B. Anticoagulation
C. Antibody stabilization
D. Coenzyme participation

5. Multiple Choice
30 seconds
1 point
AI

The Water Soluble Vitamins

Settings
Preview
Publish

Quizizz AI Actions

Add similar questions
Add answer explanations
Translate quiz
More options

AI limit: 0/10 per month

Bulk update questions
Time
Points

5 questions (5 points)
Search questions
Add question

4. Multiple Choice
30 seconds
1 point
AI

What is the chief function of the B vitamins?

Answer choices

A. Antioxidation
B. Anticoagulation
C. Antibody stabilization
D. Coenzyme participation

5. Multiple Choice
30 seconds
1 point
AI

General characteristics of the water-soluble vitamins include all of the following **except**

Answer choices

A. They must be consumed daily
B. Toxic levels in the body are rarely found
C. They are absorbed directly into the blood
D. Excesses are eliminated from the kidneys

Add question
Add similar questions (AI)