

INSPIRED TOTS EARLY LEARNING CENTER
K4 Second Term Examination 2024/2025 Session

Physical and Health Education

Complete the sentence

1. A balanced diet is food that has all the things the body needs to _____
2. Why do we need to give immediate attention to an accident victim? _____
(a) To save life. (b) To make him/her cry
3. Where can accidents happen? _____
(a) Anywhere (b) At home only.
4. Why do accidents happen? _____
(a) Due to the carelessness of people (b) Accident must happen
5. Drag each name to the right picture.

Wool



Bandage



Scissors



6. Germs are tiny things that make us sick _____
(a) True (b) False
7. Some germs are harmful to humans _____
a. True. (b) False
8. You can pick up germs from touching dirty surfaces _____
(a) True. (b) False
9. Click on the things we should do to avoid germs



10. Do all animals make the same sound? _____
a. Yes b. No

INSPIRED TOTS EARLY LEARNING CENTER
K4 Second Term Examination 2024/2025 Session

Click on the sounds made by the following animals

11. Dog (sing barks)
12. Goat (bleat crows)
13. Click on the natural sounds only.



14. Click on the food that fights sicknesses and diseases in our body



15. Which of following stages development in humans comes first

16. Rest is good for the body. (a) True (b) false

17. _____ is a way we can rest.

(a) Sleeping (b) cooking.

18. _____ is a way of relaxing.

(a) Resting (b) Jogging.

19. Eating a _____ prevents sickness.

(a) Balanced diet (b) Eating dirty food.

20. There are good sounds and bad sound.

(a) True (b) False

21. _____ is an example of good sound.

(a) Noise (b) Music

22. _____ is an example of bad sound.

(a) Noise (b) Music

23. Mention two (2) sources of sound. _____ and _____

24. _____ is what we hear around us.

(a) Sound (b) Noise

INSPIRED TOTS EARLY LEARNING CENTER
K4 Second Term Examination 2024/2025 Session

25. We can _____ sounds (a) touch (b) hear

26. Identify the picture below. _____

