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| 1. <u>hybrid</u> working (n) | a. a mixture of working from home and working in the office |
| 2. <u>realm</u> (n) | b. giving the body the vitamins and elements it needs to work well |
| 3. <u>biorhythm</u> (n) | c. help someone to do something |
| 4. <u>nutritional</u> (adj.) | d. used in a specific situation for a particular task |
| 5. <u>facilitate</u> (v) | e. the ability of employees to learn about and use new digital technology so as to adapt |
| 6. <u>digital dexterity</u> (n) | f. always being the same and not changing making it uninteresting |
| 7. <u>monotonous</u> (adj.) | g. gather together in a group |
| 8. <u>dedicated</u> (adj.) | h. the natural pattern of how processes happen in the body, affecting things like hunger and sleep |
| 9. <u>cluster</u> (v) | i. an area of interest, knowledge or activity |

Part 2: Decide if the following statements are true (T) or false (F) according to the professor.

1. Automation could lead to work being less interesting for many people. _____
2. Managing the difference between our personal and professional lives will require greater effort.

3. Offices may be converted to living spaces. _____
4. People will start to require larger homes. _____
5. Populations in cities will continue to expand. _____
6. We wouldn't have changed the way we work if it hadn't been for the pandemic. _____

Listen to the interview with a professor and tick all of the questions that you hear.



1. ☐ What effect will it have on the number of people working?
2. ☐ Do you think there will be a change in why we work?
3. ☐ What does this mean for management in the future?
4. ☐ What sort of person will be the most successful in future?
5. ☐ How will employees have to develop in future?
6. ☐ Are we in a new age of work?

Part 1: Complete the table according to whether the professor did *agree*, *disagree* or *didn't mention* the point.

	agree	disagree	didn't mention
1. Remote and hybrid working is more popular than it used to be.			
2. There are many similarities between the way people organized work in pre-industrial times and now.			
3. After the industrial revolution, your manager's opinion of you became less important.			

4. More companies will use software to monitor employees' work.			
5. As monitoring software gets more sophisticated, it will create more problems for workers' health.			
6. Managers will increasingly make sure work is done well and on time, as employees will get training and help from the Internet.			
7. Workers will need to continually update their knowledge of digital systems.			

1. Which work have you done in the past that you found _____ and boring?
2. Which would you prefer if you could choose: working in an office, working from home or _____?
3. What does your company do to _____ positive relationships between departments and employees?
4. Do you like to be in situations where you are _____ together with other people? Why/Why not?
5. When is the best time for you to work so that you are in tune with your natural _____?
6. Do you have a _____ workspace in your home or company office? Or do you prefer to work from different locations?
7. What have you done in the past few years to improve your _____ to help you adapt to new technologies?
8. Do you think that the majority of work in the future will be in the digital _____? Or do you think that there will still be a large number of people doing traditional work by hand? Why?

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