pretty	adj	/ˈprɪti/	xinh đẹp
proud	adj	/praʊd/	kiêu hãnh, tự hào
parents	n	/ˈpeərənts/	cha mẹ

Lưu ý: Trong một số trường hợp **"r"** không được phát âm và nó được gọi là "phụ âm câm"

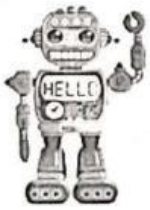
Từ vựng	Từ loại	Phiên âm	Dịch nghĩa
depart	v	/dɪˈpɑːt/	ra đi, khởi hành
afternoon	n	/ɑːftəˈnuːn/	buổi chiều
forbidden	v	/fəˈbɪdən/	cấm
wonderful	adj	/ˈwʌndəfl/	tuyệt vời, kỳ diệu
storm	n	/stɔːm/	cơn bão
airport	n	/ˈeəpɔːt/	sân bay
quarter	n	/ˈkwɔːtə(r)/	một phần tư

V. PRACTICE

Exercise 1. Look at the photo and write the correct word with /h/ or /r/.



1. _____



2. _____



3. _____



4. _____



5. _____



6. _____



7. _____



8. _____

LIVEWORKSHEETS

Exercise 2. Underline the sound /h/ and double underline the sound /r/ in the following sentences. Then practise reading the sentences aloud.

1. She carefully chose a handbag for the special occasion.
2. This rural area is famous for its beautiful nature.
3. You should exercise regularly to keep fit.
4. Their random acts of kindness brightened people's days.
5. If you want to succeed, you must behave professionally.
6. The phone kept ringing, but nobody answered it.
7. Recycling paper will conserve trees and protect the environment.
8. The negative comments made them feel unhappy and insecure.
9. Taking time for self-care activities can enhance your well-being.
10. Despite many challenges, they remained hopeful for the future.
11. The team celebrated their recent victory with great excitement.
12. The runner crossed the finish line after four minutes.
13. She practised the speech in front of the mirror before the important meeting.
14. They thanked their parents for always being so caring and loving.
15. I closed my eyes and took deep breaths to relax.

Exercise 3. Complete the table with the correct activities.

having a balanced diet	staying up late to study	balancing between work and life	skipping medical check-up
managing time	eating junk food	skipping meals	exercise regularly
procrastinating tasks	smoking cigarettes	staying in bed all day	getting enough sleep

Healthy living	Unhealthy living
_____	_____
_____	_____

LIVEWORKSHEETS

Healthy living	Unhealthy living
_____	_____
_____	_____

Exercise 4. Complete the sentences with the words/ phrases in the box.

physical	priority	counsellor	mental	additional
delay	accomplish	anxiety	well-balanced	fattening

1. Sharing both positive and negative feelings with friends can be a helpful way to improve your _____ health.
2. When making financial decisions, it is important to give _____ to essential expenses like food and clothes.
3. Eating too much _____ food can make you gain weight fast.
4. The team had to _____ the meeting until next week due to an emergency.
5. They needed _____ time to discuss the situation before making final decisions.
6. The therapist gave her some tips to reduce her _____ levels.
7. Thanks to great planning and hard work, she was able to _____ her goals.
8. The _____ provides support and advice to students who are facing academic difficulties.
9. He enjoyed the _____ challenge of climbing up the high mountain.
10. To maintain a healthy lifestyle, it's important to have a _____ diet with a lot of vegetables and fruits.

Exercise 5. Choose the correct option A, B, C, or D to complete the sentences.

1. If they start saving money from now, they _____ afford to go to Ha Long Bay on holiday.

   A. should B. need C. can D. must

2. If I get the job offer today, I _____ accept it and start working on Monday.

   A. should B. might C. need D. must

LIVEWORKSHEETS