Use the Present Perfect Simple or the Present Perfect Continuous to speak about states or actions up to now with *for*, *since*, or *How long*.

1. The baby _____ (to sleep) for three hours.
2. They _____ (to fix) the roof since the storm damaged it.
3. She _____ (to have) a fear of heights since she was a child.
4. I _____ (to be) a teacher for ten years.
5. I _____ (to like) science fiction movies since I was a teenager.
6. How long _____ she _____ (to want) to become a doctor?
7. She _____ (to search) for her lost keys since yesterday.
8. The baby _____ (to cry) since he woke up.
9. How long _____ they _____ (to rehearse) for the play?
10. They _____ (to wait) for a response since last week.
11. How long _____ you _____ (to mow) the lawn?
12. How long _____ he _____ (to own) that company?
13. They _____ (to train) hard for the marathon for weeks.
14. She _____ (to know) about the surprise since yesterday.
15. How long _____ she _____ (to iron) clothes?
16. My family _____ (to be) in this town for three generations.
17. We _____ (to look) for a new apartment since January.
18. He _____ (to watch) TV for the past five hours.
19. We _____ (to play) soccer since the sun came up.
20. How long _____ he _____ (to sculpt) that statue?
21. How long _____ they _____ (to know) each other?
22. She _____ (to sew) a new dress for a few days.
23. I _____ (to read) this book for two hours.
24. I _____ (to clean) the house since this morning.
25. She _____ (to cook) dinner since 6 p.m.
26. He _____ (to try) to call her since this morning.
27. She _____ (to love) painting for as long as she can remember.
28. He _____ (to have) this jacket since last winter.
29. The workers _____ (to repair) the road since last Monday.
30. How long _____ you _____ (to have) this phone?
31. We _____ (to want) a dog for years.
32. They _____ (to own) that restaurant for a long time.
33. I _____ (to need) a new phone for months.
34. How long _____ she _____ (to be) your best friend?
35. How long _____ he _____ (to need) a hearing aid?

LIVEWORKSHEETS