

Use the Present Perfect Simple or the Present Perfect Continuous to speak about states or actions up to now with *for*, *since*, or *How long*.

1. How long _____ they _____ (to be) in charge of the project?
2. How long _____ he _____ (to polish) his shoes?
3. I _____ (to organize) my closet for a few hours now.
4. I _____ (to make) phone calls for the past two hours.
5. How long _____ you _____ (to doodle) in your notebook?
6. I _____ (to write) emails for an hour.
7. How long _____ she _____ (to be) a vegetarian?
8. How long _____ he _____ (to sharpen) his knives?
9. How long _____ your family _____ (to own) this property?
10. He _____ (to have) that habit since he was a teenager.
11. We _____ (to know) about the project for several months.
12. How long _____ she _____ (to have) that nickname?
13. How long _____ they _____ (to be) married?
14. I _____ (to research) for my thesis for weeks.
15. They _____ (to design) a new website for several months.
16. They _____ (to discuss) the project for over an hour.
17. We _____ (to wait) for the bus for 30 minutes.
18. I _____ (to read) this book for two hours.
19. We _____ (to be) married for 12 years now.
20. How long _____ you _____ (to plant) flowers in your garden?
21. They _____ (to own) that painting since 2010.
22. We _____ (to plan) the event for weeks.
23. How long _____ they _____ (to skate) at the ice rink?
24. I _____ (to like) this place since my first visit.
25. I _____ (to prepare) for the meeting since yesterday.