

ULTIMATE FRISBEE

EDUCACIÓ FÍSICA

- Remember THE TYPES OF GRIPS and put the catching techniques in place.



- Passing techniques. Match the names with the images.



HAMMER
BACKHAND

FOREHAND

Frisbee dodgeball

➤ Watch the video and answer the questions.



1.What shape is the pitch?

- A. Square.
- B. Rectangle.
- C. Triangle.

2.How many teams play?

- A. 1.
- B. 3.
- C. 2.

3.What is the number of players per team?

- A.6.
- B.8.
- C.4.

4.How many balls or frisbees are used?

- A.1.
- B.10.
- C.6.

5.How do you kill an opponent?

- A.By touching it with a frisbee.
- B.Catching a shot.
- C.When it leaves your field.
- D.All are correct.

6.How do you save a teammate?

- A.By killing an opponent.
- B.You can not.
- C.By grabbing a shot.

7.Who wins?

- A.The team that eliminates all the rivals.
- B.The team that scores the most points.
- C.The team with the most players in the end.

➤ Enjoy the video.

