

Task 1: Choose the correct options to complete the sentences.

1. _____ does your brother stay healthy? - He drinks a lot of juice.
A. What B. When C. How D. Where
2. _____ does your classmate drink grape juice? - Four times a week.
A. How B. What C. How often D. When
3. Does your father have a healthy lifestyle? - Yes, he _____.
A. has B. does C. is D. do
4. My friend is a of _____ the aerobics club at our school.
A. member B. family C. habit D. lifestyle
5. _____ your cousin eat healthy food every day, Minh?
A. Does B. Is C. Do D. Are
6. Tommy has a lot of healthy habits. He really _____ a great example for all of his friends.
A. does B. has C. takes D. sets
7. Her kids _____ judo with their friends twice a month.
A. does B. plays C. do D. play
8. How often does your mother do yoga? - She does yoga _____.
A. regular B. on Monday C. once a week D. at home
9. Your friend swims very fast. He is a _____ swimmer.
A. strong B. weak C. bad D. active
10. How does Minh stay healthy? - He _____ morning exercise every day.
A. goes B. does C. plays D. has

Task 2: Complete the text with the correct options.

There are many ways to have a healthy (1) _____. For example, my friend Tom is a super healthy kid. He does morning (2) _____ every day and plays sports regularly. On Monday and Thursday, Tom (3) _____ badminton with his brother. At the weekend, he (4) _____ with his classmates. My sister Linda is also very healthy. She eats a lot of (5) _____ and drinks juice daily. She also enjoys (6) _____ yoga in her free time.

1. A. lifestyle	B. live	C. active	D. member
2. A. exercise	B. habit	C. activity	D. work
3. A. does	B. plays	C. has	D. makes
4. A. swimming	B. swim	C. swimmer	D. swims
5. A. burgers	B. vegetables	C. pizzas	D. milk
6. A. playing	B. to play	C. doing	D. to do