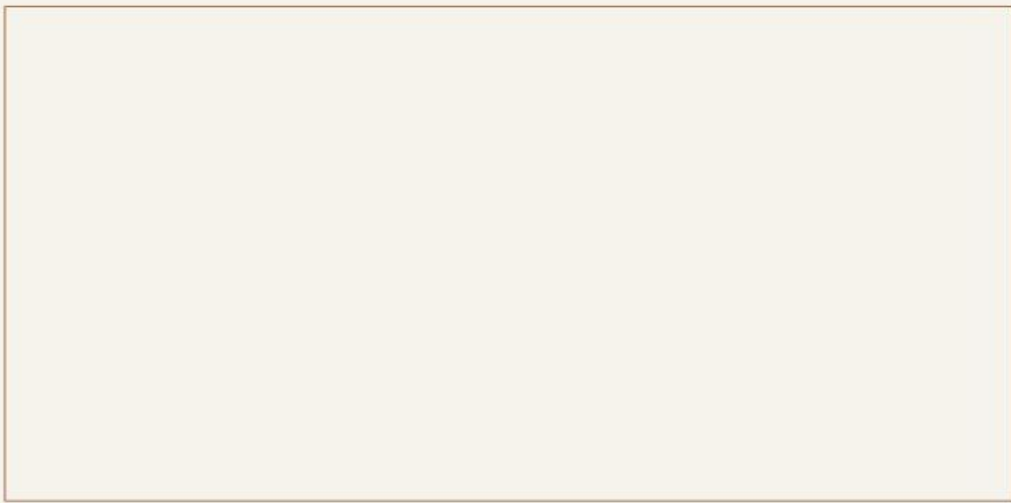


PROCEDURE TEXT



🔍 Additional material



🔍 Additional material



Group:

Date:

How to Eat Healthily to Maintain Your Health

Goals

Material

Steps