Name: _____ Class: _____

Unit 3: Music

The Power of Music

Music has been an essential part of human life for centuries. It exists in every culture and serves many purposes, from entertainment to emotional expression. Scientists have discovered that listening to music can influence our mood, improve concentration, and even reduce stress.

Different genres of music evoke different emotions. Classical music is often associated with relaxation and focus, while upbeat pop or rock songs can energize and motivate listeners. Many students find that playing background music while studying helps them concentrate. However, others may find it distracting, especially if the music has lyrics.

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Music also plays an important role in social life. It brings people together at concerts, festivals, and celebrations. In addition, it allows people to express their identity and culture. Many famous artists, such as Beethoven, The Beatles, and BTS, have influenced generations with their unique styles and messages.

Learning to play an instrument or sing has many benefits. It enhances creativity, improves memory, and teaches patience and discipline. Studies show that students who engage in musical activities often perform better in subjects like mathematics and languages.

In modern times, technology has changed the way people experience music. Streaming services allow listeners to access millions of songs instantly. Despite these advancements, the power of music remains the same—it continues to inspire, comfort, and connect people worldwide.
Music is more than just sound; it is a universal language that speaks to the heart and mind.

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Task 1: Match each word with its correct definition based on the reading passage.

1. Genre	A. The ability to focus on a task or activity without distraction.
2. Concentration	B. A type or category of music, art, or literature.
3. Identity	C. The process of playing music or videos directly from the internet without downloading them.
4. Creativity	D. The qualities, beliefs, and expressions that make a person or group unique.
5. Streaming	E. The ability to use imagination to produce new and original ideas.

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Task 2: Decide whether each statement is True (T) or False (F) based on the reading passage.

1. ___ Music exists only in modern cultures and was not present in ancient times.
2. ___ Some students find background music helpful for studying, while others find it distracting.
3. ___ Learning to play an instrument has no effect on a student's academic performance.
4. ___ Technology has changed how people listen to music through streaming services.
5. ___ Music is only used for entertainment and has no other purpose.

Task 3: Multiple-Choice Questions

1. What is one of the benefits of listening to music, according to scientists?

A. It makes people taller

B. It can reduce stress

C. It slows down memory

2. Why do some students find it difficult to study with music?

A. They do not like any type of music

B. Music with lyrics can be distracting

C. Music makes them fall asleep

3. How does music help people socially?

A. It teaches them how to cook

B. It helps people find jobs easily

C. It brings people together at concerts and celebrations

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4. What is one way technology has changed how people listen to music?

A. People can now stream music online

B. People can only listen to live music

C. Music is no longer available in stores

5. What is an example of a famous artist or group mentioned in the passage?

A. Mozart

B. The Beatles

C. Shakespeare

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