

**Use the Present Perfect Simple or the Present Perfect Continuous to speak about states or actions up to now with *for*, *since*, or *How long*.**

1. I \_\_\_\_\_ (to try) to solve this math problem since class started.
2. The baby \_\_\_\_\_ (to sleep) for the last two hours.
3. We \_\_\_\_\_ (to paint) the living room for three hours.
4. How long \_\_\_\_\_ they \_\_\_\_\_ (to own) that house?
5. We \_\_\_\_\_ (to like) this restaurant since we first tried it.
6. They \_\_\_\_\_ (to fix) the road since last Monday.
7. He \_\_\_\_\_ (to talk) to his friend for an hour.
8. My brother \_\_\_\_\_ (to watch) football since the game started.
9. My parents \_\_\_\_\_ (to be) in Spain for a week.
10. I \_\_\_\_\_ (to wait) for your call since this morning.
11. They \_\_\_\_\_ (to need) a vacation since they finished their big project.
12. They \_\_\_\_\_ (to want) a pet since they moved into their new house.
13. They \_\_\_\_\_ (to build) their house since last year.
14. How long \_\_\_\_\_ this company \_\_\_\_\_ (to exist)?
15. My brother \_\_\_\_\_ (to own) his motorcycle for two years.
16. He \_\_\_\_\_ (to listen) to music since he woke up.
17. She \_\_\_\_\_ (to have) the same phone for three years.
18. How long \_\_\_\_\_ it \_\_\_\_\_ (to rain)?
19. He \_\_\_\_\_ (to repair) his bike since yesterday afternoon.
20. She \_\_\_\_\_ (to dance) in the studio since 4 p.m.
21. How long \_\_\_\_\_ she \_\_\_\_\_ (to talk) on the phone?
22. \_\_\_\_\_ he \_\_\_\_\_ (to be) your best friend since childhood?
23. She \_\_\_\_\_ (to bake) cakes for 2 hours.
24. I \_\_\_\_\_ (to read) this book for two hours.
25. I \_\_\_\_\_ (to know) my best friend since kindergarten.
26. I \_\_\_\_\_ (to think) about this idea since last night.
27. I \_\_\_\_\_ (to believe) in ghosts since I was a kid.
28. We \_\_\_\_\_ (to discuss) our vacation plans for hours.
29. My friend \_\_\_\_\_ (to text) me for the last 30 minutes.
30. How long \_\_\_\_\_ he \_\_\_\_\_ (to wait)?
31. He \_\_\_\_\_ (to feel) exhausted for the last few days.
32. He \_\_\_\_\_ (to be) a teacher for more than 20 years.
33. He \_\_\_\_\_ (to write) his novel since last summer.
34. The children \_\_\_\_\_ (to play) outside since noon.
35. She \_\_\_\_\_ (to love) reading books for as long as I can remember.