

## **My Daily Routine**

The sun **rises** early. I **wake up** at 6:00 AM. First, I **brush** my teeth and **wash** my face. Then, I **make** breakfast. I usually **eat** toast and **drink** coffee. My dog, Max, **eats** his food too. After breakfast, I **walk** Max in the park. He **loves** to run. I **work** from home. I **answer** emails and **write** reports. In the afternoon, I sometimes **go** to the gym. In the evening, I **cook** dinner. I **watch** television or **read** a book. I **go** to bed at 10:00 PM. I **sleep** well.