

Warm Up

A Circle the odd ones out.

1 thirsty	hungry	starving
2 dessert	starter	tip
3 cut	chop	peel
4 fry	boil	stir
5 bite	grill	chew
6 tasty	delicious	savoury
7 cutlery	jug	bowl
8 vitamin	protein	cereal

B Complete the sentences with some of the words from A.

- 1 Don't the egg in this oil. It's for chips.
- 2 Have we got a for the water?
- 3 It was great service and I left the waiter a good..... .
- 4 This is too sweet for me.
- 5 Please the apple for the baby – he can't eat the skin.
- 6 I'll need a sharp knife to the carrots.
- 7 You have to the sauce constantly, so it doesn't stick.
- 8 Don't with your mouth open! It's disgusting!

Word formation

C. Fill in the gaps using the prefixes - DIS, - MIS, - RE, - OVER, - PRE, - UNDER and the words given

1. We decided to (grill) the ribs because they weren't tender enough.
2. The pie was (bake), so we had to leave it in the oven for a bit longer.
3. (season) the meat can result in a bland dish.
4. I accidentally (boil) the eggs, causing them to become too hard.
5. (eat) meat can lead to a heavy, uncomfortable feeling
6. I always (cook) the bacon just a bit before adding it to the sandwich.
7. We (approve) of wasting food, so we always try to use leftovers creatively.
8. (boil) the eggs can result in a runny yolk, if that's not desired.
9. He has a strong (interest) in trying any kind of seafood.
10. I (understand) the recipe and cooked the hamburger incorrectly



The history of hamburger

The (1) tasty / tasteless hamburger is one of our best-loved foods. It can be the main (2) course / dinner of a nourishing meal and part of a well-balanced (3) weight / diet or just junk food. But where did the hamburger come from?

Nobody is really sure, but one thing is certain – the hamburger goes back many centuries and spans many civilisations. The story begins approximately 800 years ago, when Mongolian soldiers put (4) raw / baked meat under their saddles to soften and flatten it before they ate it uncooked.

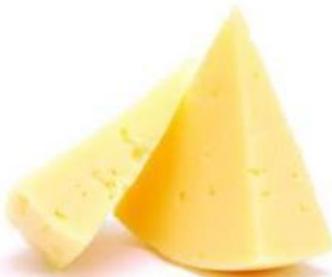
The Germans – who have always had a good (5) appetite / nutrition for meat – introduced the hamburger to the wider world. Apparently, when German immigrants from the city of Hamburg went to America around 1900, they brought with them their Hamburg steak – a (6) dish / plate of salty meat on round bread.

Another version of the story mentions Otto Kuasw, a (7) cook / cooker from Hamburg, who made the first ‘hamburger’ in 1891. He fried beef sausage and an egg and (8) burnt / served them between two slices of bread. The sailors who visited Hamburg went back to New York, told restaurant owners about this ‘hamburger’ and it became popular. Nowadays, you can get hamburgers everywhere, from drive-through to expensive restaurants.



What makes a good hamburger?

D. What is the most important ingredient in a hamburger for you?
Discuss with your partner



E. Discover the food idioms!

1 If something is a piece of cake, it is...

a easy b difficult

2 Somebody who is a couch potato...

a does a lot of sport b watches a lot of TV

3 If somebody is a big cheese, he or she is...

a an important person b a serious person

4 When two people are like chalk and cheese, they are very...

a different b similar

5 If you tell somebody to spill the beans, you want them to...

a do something they don't enjoy b tell you something