Lesson 4A

GRAMMAR | adverbs of frequency
VOCABULARY | food and drink
PRONUNCIATION | word stress

VOCABULARY

food and drink

1 A **Match the food and drink in the box with the photos (A–H).**

bread a carrot cheese fruit juice
an orange pasta steak a tomato

A 

E 

B 

F 

C 

G 

D 

H 

B **Complete the table with the food and drink from Ex 1A.**

fruit	vegetables	meat	drinks	other
an orange	a carrot	steak	fruit juice	pasta

C **Complete the table in Ex 1B with the words in the box.**

an apple a banana beef cereal chicken an egg
fish milk a mushroom a potato rice a sandwich

D **Choose the correct alternative.**

1 **An orange** / **A banana** / **A carrot** is a yellow fruit.
2 **Cheese** / **Chicken** / **Bread** is a meat.
3 A **tomato** / **banana** / **mushroom** is red.
4 Mushrooms and carrots are **fruit** / **vegetables** / **meat**.
5 We make sandwiches with **bread** / **pasta** / **rice**.
6 **Milk** / **Orange juice** / **Water** is white.

2 A **Complete the food words in the text.**

For breakfast, I usually have [1]r_____ with [2]e_____s and vegetables, often [3]c_____s and [4]m_____s. Sometimes I have a cheese [5]s_____ from a café. I don't often eat fruit for breakfast, but sometimes I eat an [6]a_____ or a [7]b_____. I drink water and I always have a cup of [8]c_____.

B **4.01 | Listen and check your answers.**

PRONUNCIATION

3 A **4.02 | word stress | Listen and underline the stressed syllables.**

1 apple	5 cheese	9 pasta
2 banana	6 chicken	10 potato
3 beef	7 mushroom	11 sandwich
4 bread	8 orange	12 tomato

B **4.02 | Listen again and repeat.**

GRAMMAR

adverbs of frequency

4 A **Put the adverbs of frequency in order.**

0%	20%	40%	60%	80%	100%
never	1 _____	2 _____	3 _____	4 _____	5 _____

always often not often sometimes usually

B **Choose the correct alternative.**

1 I **don't often** / **never** eat meat or fish. (0%)
2 We **always** / **usually** have dinner at home. (80%)
3 You **always** / **usually** have a cheese sandwich for lunch! (100%)
4 We **often** / **sometimes** have eggs for breakfast on Sunday. (60%)
5 My children **don't often** / **often** eat chocolate. (20%)
6 They **sometimes** / **usually** eat pasta for lunch. (40%)

C **Put the words in the correct order to make sentences.**

1 often / fruit juice / I / drink .
2 I / mushrooms / never / eat .
3 cereal / you / Do / usually / breakfast / have / for ?
4 fruit / eat / My parents / often / don't .
5 always / don't / eggs / eat / Saturday / I / on .
6 you / often / rice / have / for / lunch / Do ?
7 for / sometimes / Ren and Aoi / chicken / dinner / have .
8 always / two / have / in the morning / I / cups of coffee .

LIVEWORKSHEETS