

Phrasal verbs – TURN 2

turn away turn around turn back	turn down turn into turn out	turn off turn up
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Text 1: "The Impact of Decision-Making"

In life, the decisions we make have a significant impact on the direction our lives take. There are moments when we need to turn away from things that don't contribute to our goals or happiness. This can mean distancing ourselves from negative situations or people who hold us back. However, sometimes we need to turn around and reconsider our approach to problems. What may seem impossible at first can often be resolved with a change of perspective.

Sometimes, circumstances force us to turn back to a previous decision, realizing that we've made a mistake or need to reconsider our choices. For example, you might turn down an offer that seems appealing at first but doesn't align with your long-term plans. Other times, situations turn into opportunities we never anticipated. A job rejection might eventually turn into the motivation you need to pursue something even greater.

In some cases, things don't always turn out the way we expect. We might prepare and plan, but the result could be entirely different from what we imagined. However, it's important not to be discouraged when things turn off in an unexpected direction. A detour may lead to a better path. Sometimes, people or events turn up when you least expect them, offering you new possibilities that you had not even considered before.

Being open to change, accepting setbacks, and having the courage to turn back when necessary, are key to growth and success. It's all about how we respond to the twists and turns that life presents us.

1. When faced with something that doesn't contribute to our happiness, we should:
 - A. Turn down the opportunity
 - B. Turn around and reconsider our decision
 - C. Turn away from it
 - D. Turn up the effort
2. What does **turn around** mean in the context of the text?
 - A. Rethink a decision or approach
 - B. Avoid taking action
 - C. Stay in one position
 - D. Ignore the situation
3. Why might we **turn back** to a previous decision?
 - A. Because we are certain about our choice
 - B. We made a mistake or need to reconsider
 - C. We are forced to continue on the same path
 - D. We want to move forward without any changes
4. If someone **turns down** an offer, what does that mean?
 - A. They accept it immediately
 - B. They reject it or refuse it
 - C. They consider it for a long time
 - D. They ask for more time to decide
5. What might something unexpectedly **turn into**?
 - A. An opportunity or a better situation

- B. A challenge that leads to failure
 - C. A moment of regret
 - D. A wasted effort
6. According to the text, if things **turn out** differently than expected, we should:
- A. Be discouraged and give up
 - B. Prepare to change our goals
 - C. Accept that sometimes things don't go as planned
 - D. Ignore the result
7. What does the author mean by **turn off**?
- A. Moving forward without a plan
 - B. Changing the direction unexpectedly
 - C. Giving up on an idea
 - D. Adjusting the way we think
8. How can **turning up** unexpectedly help us?
- A. It introduces new possibilities
 - B. It distracts us from our goals
 - C. It causes confusion
 - D. It creates new challenges
9. What should we do if things don't turn out as expected?
- A. Try to avoid any further challenges
 - B. Stay focused and push forward
 - C. Change everything at once
 - D. Stop all efforts
10. According to the text, the key to growth and success is:
- A. Accepting everything that comes our way
 - B. Giving up when things get tough
 - C. Being flexible and responding well to changes
 - D. Staying in one direction without adjusting

Text 2: "The Road to Self-Improvement"

Self-improvement often involves difficult decisions, and the journey requires a strong mindset. Many times, we may feel the urge to turn away from challenges that seem overwhelming or difficult to face. But in reality, these challenges can push us to grow. We may need to turn around and rethink our approach when things aren't working as expected, as this allows us to consider new possibilities. Occasionally, we might want to turn back after starting something new, especially if it doesn't go as planned. However, it's important to remember that setbacks are just part of the journey. They shouldn't stop us from continuing forward. When we turn down distractions that aren't helpful, we allow ourselves to focus on the goals that matter most.

As we work through obstacles, we sometimes don't see immediate results, and this can feel discouraging. However, things can turn into achievements over time if we stay patient and persistent. For instance, a small task might turn into a valuable skill that benefits us in the long run.

It's also essential to recognize that things may not always turn out as expected. Life can be unpredictable, and we must learn to adapt. When we face adversity, instead of letting it turn off our motivation, we should keep pushing toward our goals, because often, it's those tough moments that turn up unexpected rewards in the future.

When facing challenges, we must remember to adjust our approach and keep moving forward with confidence.

1. What is the first step in handling challenges, according to the text?
 - A. Turn away from the challenge
 - B. Turn back to an old routine
 - C. Turn around and rethink the approach
 - D. Turn off all distractions
2. What is the reason for **turning back** during the process of self-improvement?
 - A. Realizing that failure is inevitable
 - B. Reassessing the approach when something doesn't go as planned
 - C. Avoiding the challenge completely
 - D. Continuing without any changes
3. Why is it important to **turn down** distractions during the journey of self-improvement?
 - A. To remain focused on your goals
 - B. To avoid stress
 - C. To avoid learning new things
 - D. To keep busy without focusing on your goals
4. How can challenges **turn into** rewards over time?
 - A. They remain the same throughout the process
 - B. Through patience and persistence, they lead to valuable results
 - C. They become overwhelming and difficult to handle
 - D. They disappear completely
5. What should you do when things don't **turn out** as expected?
 - A. Stop pursuing your goals
 - B. Adapt and move forward
 - C. Ignore the challenges
 - D. Become discouraged and give up
6. What does the text suggest when motivation starts to **turn off**?
 - A. Let go of all goals
 - B. Keep pushing forward despite setbacks
 - C. Wait for external factors to change
 - D. Take a long break and forget about the goals
7. How can **turning up** unexpected rewards affect your journey?
 - A. They can be discouraging
 - B. They can help you stay motivated and move forward
 - C. They distract you from your goals
 - D. They cause confusion
8. What is necessary to keep moving forward during self-improvement?
 - A. Patience and persistence
 - B. Waiting for things to fall into place
 - C. Ignoring setbacks completely
 - D. Avoiding any changes
9. What is the overall message of the text regarding personal growth?
 - A. Life is predictable, and results come easily
 - B. We should ignore obstacles and keep going

- C. Challenges lead to growth, and persistence is key
 - D. Self-improvement requires no effort
10. Why is it important to adjust your approach during self-improvement?
- A. To remain comfortable and avoid change
 - B. To avoid learning from mistakes
 - C. To achieve your goals and grow from experiences
 - D. To focus only on immediate results

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