

FOOD & DRINKS



LESSON THREE: LISTENING

Listen to this audio and do the exercises below!

FOOD



1. Drag each food and drink into the right group.

	HEALTHY	UNHEALTHY
MEAT		
CHIPS		
CANDIES		
FISH		
COLA		
WATER		
EGGS		

2. Listen again and choose the correct answer(s).
There may be more than one.

1. What does food give us?

ENERGY HELPS US GROW MAKES US TIRED

2. What food helps our muscles?

FRUITS VEGETABLES MEAT FISH

3. What is the healthiest drink?

MILK WATER COLA

4. What drink harms our teeth?

TEA COLA MILK

5. What helps us feel great everyday?

EATING WELL EATING CANDY DRINKING WATER DRINKING COLA