

Lesson A Vocabulary and Grammar

A Label the parts of the body with the words from the box.

- | | |
|----------|-----------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |

arm chest ear finger foot
hand head knee leg stomach

B Complete the sentences with a word from **A**.

- In the picture, the man has a soccer ball in his _____.
- He listens to his coach with his _____.
- When he is hungry, his _____ hurts.
- He has strong _____ to run fast.
- He isn't wearing a hat on his _____.

C Circle the correct word to complete the questions and statements.

- How do you (look / feel) today?
- You (look / feel) great! I love that dress!
- Are you OK? You (look / feel) tired.
- (Does Suzy look / Does Suzy feel) OK? She doesn't look well.
- Your dad (looks / feels) tired. Is he working a lot at the moment?
- I (don't look / don't feel) very well. Can you call the doctor?

D Complete the sentences with the correct form of *look* or *feel*.

- A:** How are you today, Kev?
B: I _____ great!
- Mom, you _____ terrible. Do you want to go to bed?
- Judith _____ sick. Can you take her to the doctor?
- A:** Orlando, you _____ tired.
B: I know. I'm not sleeping well.
- I _____ very happy today. It's my birthday.
- Joy, your friend _____ well. Does he want to see a doctor?



Lesson B Listening

A Listen to the conversation. Check (✓) all of Hanna's symptoms.

- 1. headache
- 2. cough
- 3. earache
- 4. sore throat
- 5. fever
- 6. stomachache
- 7. tired



B Listen again. Circle **T** for *True*, **F** for *False*, or **NI** for *No Information*.


- 1. Hanna looks well. T / F / NI
- 2. Jiao thinks Hanna has the flu. T / F / NI
- 3. Hanna often gets sick. T / F / NI
- 4. Luisa and Adriano aren't well. T / F / NI
- 5. Luisa and Adriano are Hanna's friends from college. T / F / NI
- 6. Hanna is happy to see the doctor. T / F / NI

C Listen to the conversation. Answer the questions.

- 1. What part of the body hurts? _____
- 2. Does this body part normally hurt? _____
- 3. Does it hurt a lot now? _____
- 4. When the doctor examines the patient, does the patient stand up or sit down? _____
- 5. What does the patient need to get? _____
- 6. Who does the patient need to see? _____

D Listen to the two conversations again. Who says what? Write *Jiao* or *doctor*.

- 1. What's the matter? _____
- 2. You don't look so well. What's up? _____
- 3. Do you have a headache? _____
- 4. There's something going around at the moment. _____
- 5. Does this hurt? _____
- 6. Feel better. _____

Lesson C Vocabulary and Grammar 

 **A** Match the symptom with the correct advice.

- | | |
|------------------------------|---|
| 1. I have a headache. _____ | a. Go to bed and take some pain reliever. |
| 2. I have a cough. _____ | b. Take some pain reliever. |
| 3. I have a toothache. _____ | c. Don't exercise, and go to the doctor. |
| 4. My knee hurts. _____ | d. Take some cough medicine. |
| 5. I have the flu. _____ | e. See the dentist. |

 **B** Complete the conversation with the words from the box.

cold cough medicine doctor terrible throat

Farid: What's up, Dana?

Dana: I feel (1) _____. I have a (2) _____.

Farid: Is your (3) _____ sore?

Dana: Yes. It's because I have a bad cough, I think.

Farid: Are you taking any (4) _____?

Dana: Yes, I am.

Farid: If you still don't feel well tomorrow, you should go to the (5) _____.

 **C** Complete the sentences with *should* or *shouldn't*.

- For a healthy heart, you _____ exercise every day.
- To have a healthy body, you _____ eat a lot of sugar.
- To get good grades, you _____ always do your homework.
- For healthy teeth, you _____ see the dentist every six months.
- To get up early, you _____ go to bed late.

What You Should Know about the Flu

Influenza (or flu) can be a dangerous health problem. But there are many different kinds of flu. They are different every year. Some kinds can go from animals to people. Some are terrible, and others are not very bad.

The symptoms of flu start like the symptoms of a cold. You feel tired. Your head and body hurt. You have a sore throat and a cough. But the flu is different to a cold. With the flu, you can also have a fever. And people feel very sick very fast.

If you have the flu, you shouldn't go to work or school. You should stay at home and rest. If you have the flu, you normally get well again in two weeks. You don't have to go to the doctor. But you should call the doctor if you feel very sick because the flu can be dangerous for some people's health.

To not get the flu, you should wash your hands many times every day. Also, you shouldn't touch your face.



A Read the text. Then, circle **T** for *True* or **F** for *False*.

1. All flu is the same. T / F
2. Animals can't get the flu. T / F
3. A sore throat is a symptom of the flu. T / F
4. People always have a fever with the flu. T / F
5. If you have the flu, you should go to the doctor first. T / F
6. If you are sick with the flu, it's easy to make other people sick. T / F

B Circle the correct answer to complete the sentences.

1. *Flu* is another word for (a cold / influenza).
2. (Some / Many) types of flu can be dangerous for your health.
3. Flu symptoms start very (slow / fast).
4. If you have the flu, you (shouldn't / can't) leave the house.
5. (Some / Many) people go to the doctor when they have the flu.
6. If you don't want to get the flu, you (shouldn't / should) wash your hands.

C Change the underlined word(s) for words in the text with the same meaning.

1. I'm not well. I'm _____.
2. The symptoms can be very bad. The symptoms can be _____.
3. Your throat hurts. You have a _____.
4. People often get well fast. People _____ get well fast.
5. You shouldn't put your hands on your face. You shouldn't _____ your face.
6. It's not a good idea to go to work. You _____ go to work.

A Circle the correct part of the body to complete the sentences.

1. You wear shoes on your (hands / feet).
2. You wear sunglasses on your (face / arm).
3. My (ear / chest) hurts. I have a bad cough.
4. Old people often get a (backache / stomachache).
5. Your (knee / hand) is part of your leg.
6. You have five (feet / fingers) on your hand.

B Match the questions to the answers.

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|--|--|
| 1. Mika, you don't look so well. Are you OK? _____ | a. Fine, thanks, Ms. Price. |
| 2. Hello class, how are you all feeling today? _____ | b. I don't feel well, sir. |
| 3. Are you feeling tired? _____ | c. My knee hurts. |
| 4. What's the matter, Daisy? _____ | d. Fantastic! You look beautiful in green. |
| 5. How do I look? _____ | e. Yes, I am. |
| 6. Ron, what's up with your leg? _____ | f. No, I feel sick. |

C Unscramble these questions and sentences.

1. healthy / you / eat / shouldn't / to be / snacks / unhealthy To be healthy, you shouldn't eat unhealthy snacks.
2. I / should / what / do _____?
3. a happy boss / shouldn't / to have / arrive / you / late _____.
4. you / for / should / fresh food / in local markets / go shopping _____.
5. I / the doctor / see / should _____?
6. back problems / should / to not have / you / exercise _____.

D Complete the conversation with *should* or *shouldn't*.

Andie: I know we're going to the movies today, Kyle, but my back hurts. What (1) _____ I do?

Kyle: Well, first, you (2) _____ move a lot. You (3) _____ lie down. You (4) _____ worry about the movie. We can go another time.

Andie: OK. OW! My back!

Kyle: Here, you (5) _____ take some pain reliever, too. Then you (6) _____ try to sleep a little.

Andie: Thanks, Kyle. I will. You (7) _____ go to the movie. Martha and Ang are waiting for us.

Kyle: OK. I have my phone with me. Call me if you feel really bad.

Andie: You (8) _____ worry. Enjoy the movie. I'll be fine.