

NAME: _____ DATE: _____

Health Education



Caring for Our Teeth



six months
meal

plaque
sweet

two
decay

1. Use the words from the box above to complete the sentences.

- a) We should brush our teeth after every _____.
- b) If we don't brush our teeth, they will _____.
- c) We should visit the dentist every _____.
- d) A good way not to care for our teeth is to eat lots of _____ things.
- e) If we do not brush our teeth regularly _____ is made.
- f) We should brush our teeth at least _____ times each day.



write true or false in the lines

- a) A hard toothbrush is great for our teeth. _____
- b) Visit the dentist once every six weeks. _____
- c) Tooth decay is when your teeth have holes in them. _____
- d) We should brush our teeth irregularly. _____
- f) Floss helps us to clean in between our teeth. _____
- g) Mouthwash is good for our teeth and gums. _____



Write the correct answer for each diagram in the boxes below



bathtub
toothbrush



towel
mirror



toilet paper
soap



toothbrush
comb



shower
towel



shampoo
bathtub



toothpaste
soap



toilet
shower



towel
shampoo



soap
comb



toothbrush
mirror



toilet
sink