



ESCUELA DR. EULOGIO SERRANO ARMIJOS

NAME:

GRADE:

DATE:

DAILY ROUTINES

1. Choose the rutine

- a) _____ the bus
- b) _____ my hair
- c) _____ up
- d) _____ breakfast
- e) _____ dressed
- f) _____ my teeth



3.. Match the next words with the correct means.

Lunes
Miércoles
Viernes
Martes
Jueves
Domingo
Sábado

Wednesday
Tuesday
Sunday
Monday
Thursday
Saturday
Friday



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4. Write T if true and F if false for the next sentences

- a) Sleeping 8 hours every night is good for our health (v / f)
- b) Brushing your teeth before bed is good (v / f)
- c) It's good to spend the whole day watching TV (v / f)
- d) Video games are good way to get exercise (v / f)
- e) Physical exercise helps you grow stronger (v / f)

5. Complete the following puzzle

A O E S H A V E L U N C H Ñ J
U R N T H D R S U Q Z P E T Y
O E S U T O E Y R F U U E F L
A W W D E M H C L N H E N N I
G O K Y E Y T K J Z V K A Ñ B
R H U T T H O A H R I A H H P
L S G H Y O M E Z E Q W Z D U
A E O E M M Y R D N T Q B C T
S K T L H E M B C N A Z J N E
Q A O E S W P A A I P L J S G
G T S S U O L E U D U U Ñ S M
T N L S R R E K P E U S F Q F
B G E O B K H A M V D O I Y Z
U L E N M S U T A A X V M H W
F Ñ P S P X J S G H A K Z E H

- BRUSHMYTEETH
- DOMYHOMEWORK
- GETUP
- GOTOSLEEP
- HAVEDINNER
- HAVELUCH
- HELPMYMOTHER
- STUDYTHELESSONS
- TAKEABREAK
- WAKE
- TAKESHOWER



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6. Say the following sentences

- The sports are good and important.
- I wake up early in the morning.
- I pack my backpack for school.

7. Chose the correct answer

1. What do we do to stay clean?

- a) Take a bath
- b) Wear clean clothes
- c) Eat healthy food

2. What do we need to breathe?

- a) Water
- b) Air
- c) Food

3. What do we do to move from one place to another?

- a) Run
- b) Jump
- c) All of the above



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4. What do we need to see?

- a) Ears
- b) Nose
- c) Eyes

5. What do we do to learn new things?

- a) Sleep
- b) Play
- c) All of the above