

Title: Nutrient Classification Activity

Instruction:

Choose the correct group for each nutrient (Macronutrient or Micronutrient).

Nutrient	Group (Macronutrient/Micronutrient)
1. Carbohydrates	_____
2. Proteins	_____
3. Fats	_____
4. Vitamin A	_____
5. Vitamin C	_____