

VOCABULARY

Health problems | First aid kit |
Word building: health and illness |
Health improvement | Extreme sports

GRAMMAR

Reported statements and
questions | Reported commands
and requests

1 ● Match the words below with the descriptions.

asthma broken bone cut ear-infection fever
migraine rash virus

- 1 My ear really hurts. *ear infection*
- 2 My hand slipped when I was using a knife and there's blood. _____
- 3 I've got a really high temperature. _____
- 4 Sometimes it's very difficult for me to breathe. _____
- 5 My skin is red and sore. _____
- 6 My head hurts, I have a pain behind my eyes and I feel sick. _____
- 7 Someone sneezed near me and now I don't feel well. _____
- 8 I fell off my bike and now my arm is in plaster. _____

2 ●● Read what the people say and complete the words for health problems.

1 Oh no, your leg is a strange shape! That looks like a *b r o k e n b o n e*!

2 What happened?! You've got a big b _____ on your head.

3 I feel terrible – I think I've got a v _____.

4 I love going for country walks, but I sometimes get covered in i _____ b _____ from the mosquitoes!

5 I'm recovering from a c _____ i _____ and I still find it hard to breathe.

6 Your temperature is forty degrees. You've got a f _____.

3 ● WORD FRIENDS Match verbs 1–6 with words/phrases a–f.

- | | |
|--|--------------------|
| 1 ☒ make | a your voice |
| 2 ☐ lose | b an appointment |
| 3 ☐ take | c a bone |
| 4 ☐ feel | d an operation |
| 5 ☐ have | e dizzy |
| 6 ☐ break | f your temperature |

4 ●● Complete the sentences with a word from box A and a word/phrase from box B.

A describe emergency fall get getting
hurt lost

B appetite blood test ill leg prescription
symptoms treatment

- 1 If you *fall ill*, don't come to school.
- 2 I don't want anything to eat, thanks. I've _____ my _____.
- 3 I'm Dr Fox. How are you feeling? Can you _____ your _____ to me?
- 4 I need to see the doctor so I can _____ a _____ for my blood pressure medicine.
- 5 I _____ my _____ when I fell over and now I can't walk very well.
- 6 Call an ambulance! He needs to get _____ !
- 7 I'm going to the doctor's today. Don't worry, nothing's wrong. I'm just _____ a _____.



5 ● Choose the correct option.

- 1 I always clean the kitchen surfaces with an antibacterial / antiseptic spray.
- 2 Take two of these *pills* / *bandages* twice a day, with food.
- 3 Can you get me some cough *cream* / *medicine*?
- 4 Put the *cream* / *thermometer* under your arm for three minutes so I can take your temperature.
- 5 Here, put this sticking *plaster* / *bandage* on that cut.
- 6 My foot really hurts. I need some *painkillers* / *cough medicine*, I think.

6 ● Write the correct word for each definition.

- 1 You take some of this if you have a cough.
c o u g h m e d i c i n e
- 2 You put this round your wrist if it's painful to move it. b _____
- 3 You use this to take your temperature.
t _____
- 4 You can take these if you have a bad headache. p _____
- 5 You put this on a small cut.
s _____ p _____
- 6 You put this on insect bites.
a _____ c _____



7 ● Complete the table.

Noun	Verb	Adjective
allergy	—	¹ <u>allergic</u>
² _____	³ _____	infected
⁴ _____	—	ill
pain	—	⁵ _____
⁶ _____	operate	—

I can talk about health problems.

8 ● Complete the sentences with the correct form of the words below.

allergy blind infect injure operate pain

- 1 'The place where I cut myself is red and sore.'
'I think you've got an infection.'
- 2 I went into hospital to have a(n) _____ on my leg.
- 3 Avoid contact with eyes. This product can cause _____.
- 4 I can't move my leg – it's too _____.
- 5 I can't eat nuts because I'm _____ to them.
- 6 Rob got a nasty leg _____ in the accident.

9 ● Complete the blog post with one word in each gap.

Nuts about nuts

On Saturday, I woke up feeling really awful. I had ¹ lost my appetite and I felt sick. My mum ² _____ my temperature. I had a fever, and she also saw I ³ _____ a rash all over my face and neck. She thought it might be an ⁴ _____, so she immediately called the doctor's to ⁵ _____ for an appointment, and we got one immediately. When we got there, the doctor asked me to ⁶ _____ my symptoms. I showed her the rash. I also told her it's ⁷ _____ when I swallow. In the end, she told me I have a food ⁸ _____ – I'm ⁹ _____ to nuts. She gave me a ¹⁰ _____ to take to the chemist's and told me to stay in bed until I felt better.

