



I. Complete the sentences using the words below:

aim, chance, achieve, success, careless, anxious, habit, confident, lost, forget, gain, schedule, weight

1. He felt very _____ before his big presentation, but he prepared well and did a great job.
2. If you work hard and stay focused, you can _____ your goals.
3. She had the _____ to meet her favorite author at the book signing event.
4. It's important to plan your day and stick to your _____ to stay organized.
5. After months of training, the athlete finally experienced the _____ of winning the championship.
6. Don't be so _____ with your phone, or you might drop it again!
7. I think I've _____ my keys; I can't find them anywhere!
8. To _____ more muscle, you need to eat healthily and exercise regularly.
9. He was so nervous during the test that he completely _____ the answers he had studied.
10. Developing a good study _____ can help you improve your grades.
11. Despite the challenges, she remained _____ that she would pass the exam.
12. If your _____ is to learn English fluently, practice every day.
13. I've noticed that I've gained a bit of _____ after eating too much during the holidays.

TELLING A STORY

II. Complete the story using: past simple or past perfect

The Great Cake Disaster

Last Saturday, Emily decided to bake a cake for her best

friend's birthday. She (1) _____ (already/buy) all the ingredients the day before, so she was ready to start. However, when she opened the fridge, she realized that she

(2) _____ (not/turn on) it properly, and all the milk had spoiled. Still determined, Emily went to her neighbor's house to

borrow some milk. Her neighbor (3) _____ (say) yes and even gave her some fresh eggs. Emily happily returned home and

started baking. She (4) _____ (not/notice) that she had mixed up salt with sugar until she tasted the batter! Frustrated but not giving up, Emily cleaned the kitchen and began again. By the time she finished the second batch, the

oven (5) _____ (already/preheat), so she quickly put the cake in. While waiting, she decided to decorate the

table. She (6) _____ (not/realize) that her dog had sneaked into the kitchen.

When Emily came back, she saw her dog licking the cake batter off the counter! He (7) _____ (already/make) a complete mess. Emily (8) _____ (laugh) and decided to call her friend to explain the situation. In the end, Emily and her friend (9) _____ (order) pizza instead of having cake, and they (10)

_____ (have) a fun time laughing about the chaos.



III. Audio Activity: Create and Record Your Own Story

Objective: Record an audio narrating a story you've invented. The story should: Be 1–1.5 minutes long.

Use both past simple and past perfect. Include at least two negative sentences in each tense (past simple and past perfect). Instructions: Think of a Theme: Choose one of the following ideas or create your own:

A funny event (e.g., something that went wrong but made you laugh later).

A mysterious situation (e.g., losing something and finding it later).

A memorable trip or adventure. An embarrassing moment you or a friend experienced.

Plan Your Story:

Begin with a short introduction (Who? When? Where?).

Use the past perfect to describe actions that happened before the main events.

Use the past simple for the main events of the story.

Include details to make the story interesting and engaging!

Structure Example:

Introduction: "Last weekend, I had a very strange experience at the park."

Body: "Before I arrived, I had already lost my phone..."

Conclusion: "In the end, I found my phone in the most unexpected place!"

Draft your story before recording to ensure it flows well.

Record Your Audio:

Speak clearly and with expression.

Make sure your story lasts at least 1:20 minute but no more than 2:00 minutes.