READING COMPREHENSION

14 Vita Gummies

READ THE INFORMATION ON THE FLYER CAREFULLY. THEN, READ THE QUESTIONS ABOUT THE FLYER. SELECT THE BEST ANSWER FOR EACH QUESTION.

They come in berry, cherry, orange and lime
and they are better than all the rest!

Vitamins give us energy! They should be taken daily by adults and children. Vitamins are good because they:

- Make you feel good or happy.
- Help you think in school.
- Stop you from getting sick easily.

Read the label to see why Vita Gummies are good for you.

DIRECTIONS:

- Chew one vita gummy every day.
- Take as soon as you are finished eating your breakfast.

INGREDIENTS:

- Calcium builds strong bones and teeth;
- Vitamin C – protects against cold and flu;
- Vitamin A – gives you good eyesight

WARNING:

- DO NOT CHEW MORE THAN ONE GUMMY BEAR EACH DAY.
- Taking too many vitamins at one time will make you sick.

LIVEWORKSHEETS

1. Which of the following is NOT a Vita Gummies flavor?

2. "Vita Gummies should be taken daily." Write the word from the flyer that has the same meaning as "every day."

3. "Taking vitamins help to give us strength to move and complete a task." Which statement from the flyer supports this sentence?

4. The label states that Vita Gummies contain calcium. Name one way in which calcium helps you.

5. Read each statement. Choose whether each statement is a FACT or an OPINION.

   I. Vita Gummies is the best vitamin in the world. _____

   II. Vita Gummies can stop you from getting sick. _____

   III. Vita Gummies is available in different flavors. _____

6. "Nahja can't see well and has to wear glasses." Which ingredient in Vita Gummies will help Nahja?

7. The label states that "only one gummy bear should be taken each day." Why is it important to follow this instruction?

8. What is the author's main reason for preparing this flyer on Vita Gummies?

LIVEWORKSHEETS