



Health, medicine and exercise

1

Complete the statements with the words in the box.

ambulance	beats	break	dangerous	doctors	fit
heart	injury	medicine	rest	rugby	sick

1. If your is healthy, it usually around 70 times per minute.
2. According to, you should exercise for an hour a day to keep
3. Horse-riding is a more sport than or football.
4. If you your arm, you should call an to take you to hospital immediately.
5. If you feel after eating something, you should go to a pharmacy to get some
6. If an is painful, you should always the part of your body that's hurt.

2

Choose the correct modal verbs to complete the health advice.

1. I'm sorry, you can't see the doctor today. You *have to* / *mustn't* make an appointment.
2. You *don't have to* / *shouldn't* eat if you have stomach ache, but it's important to drink.
3. You *needn't* / *should* worry – it isn't a very serious operation.
4. It's important to rest. You *don't have to* / *mustn't* do anything for a few days.
5. I think you've got a fever. You *ought to* / *shouldn't* see a doctor.
6. You *don't have to* / *should* drink lots if you have a cold or a sore throat.