

Cross out the phrases that do not fit the meaning of the sentences.



Val: I'm exhausted this morning. I (1) *had a sleepless night / slept like a log / tossed and turned* last night. I even had some warm milk at 2:00 and still couldn't get to sleep.

Eva: Have you ever thought of going to bed earlier? If you put on some soft music and relaxed, you'd probably (2) *be wide awake / nod off / feel drowsy* in 10 or 15 minutes.

Val: Yes, I've tried that, but it doesn't help. Maybe I should cut back on coffee. The caffeine may be the reason why I'm (3) *fast asleep / wide awake / tossing and turning* in the middle of the night.

Eva: I take a hot bath every night and am usually (4) *sleeping like a log / sound asleep / taking a power nap* by 10:30. Speaking of sleep, I hope I can stay awake tonight. It's 8:00, and I still have a lot of homework to finish.

Val: How about taking a quick power nap before doing your homework? That way, you won't (5) *drift off / be wide awake / feel drowsy* at your desk this evening.

