

Cross out the phrases that do not fit the meaning of the sentences.



Val: I'm exhausted this morning. I (1) *had a sleepless night* / ~~*slept like a log*~~ / *tossed and turned* last night. I even had some warm milk at 2:00 and still couldn't get to sleep.

Eva: Have you ever thought of going to bed earlier? If you put on some soft music and relaxed, you'd probably (2) *be wide awake* / *nod off* / *feel drowsy* in 10 or 15 minutes.

Val: Yes, I've tried that, but it doesn't help. Maybe I should cut back on coffee. The caffeine may be the reason why I'm (3) *fast asleep* / *wide awake* / *tossing and turning* in the middle of the night.

Eva: I take a hot bath every night and am usually (4) *sleeping like a log* / *sound asleep* / *taking a power nap* by 10:30. Speaking of sleep, I hope I can stay awake tonight. It's 8:00, and I still have a lot of homework to finish.

Val: How about taking a quick power nap before doing your homework? That way, you won't (5) *drift off* / *be wide awake* / *feel drowsy* at your desk this evening.

