-ed / -ing adjectives

ADJECTIVES THAT END IN **-ING** — Describe the ***characteristic*** of a person, a thing or a situation. It CAUSES a feeling.

The books are boring. *We are describing a characteristic of these books. What do these books cause? They make people feel bored.*

ADJECTIVES THAT END IN **-ED** — Describe ***a feeling*** or an emotion. It is how we FEEL about something.

He is bored. *This is his feeling right now. This feeling was caused by the books. He is not going to be bored for eternity. He feels bored for now. (It is temporary)*

Example Sentences (compare the difference)

*I am **tired** right now. My flight was **tiring** (because it was a twelve-hour flight).*
*Public toilets are sometimes **disgusting**. I am **disgusted** by the smell of them.*
*Your speech was **inspiring**. I'm now **inspired** to do great things with my life.*

Complete the gaps with the right adjective. Use the verbs in brackets. Follow the example.

0. Rosa doesn't notice anything when she's ___engrossed___ (engross) in a book.
1. We come home pretty _____ (exhaust) at the end of each day.
2. Did you hear the _____ (shock) news about the accident?
3. It was not _____ (surprise) she failed her tests. She never studied.
4. I'm getting _____ (bore) with this book. Nothing ever happens.
5. These instructions are pretty _____ (confuse). Can you help me?
6. I'm _____ (shock) that he could do something so stupid and dangerous.
7. I don't find sport at all _____ (interest).
8. I was not _____ (amuse) to be kept waiting so long.
9. Our new Maths teacher is very _____ (frighten). We sit there like mice!
10. It was very _____ (disappoint) not to be selected for the basketball team.
11. His behaviour has been very _____ (puzzle) in recent weeks.
12. She's got a big dog but you don't need to be _____ (frighten).
13. That shop never has any customers. I'm _____ (astonish) it's still there.
14. The battery on my phone only lasts about two hours. It's really _____ (irritate).
15. You look pretty _____ (worry). What's wrong?
16. The freelance was frozen in the face of the _____ (horrify) image of the bombing.
17. There's nothing more _____ (excite) than riding on a rollercoaster.
18. Some of his comments were _____ (insult).
19. My friend Peter thought that the marathon was _____ (challenge).
20. You must be _____ (relieve) now that your exams are finished.
21. The little boy was _____ (terrify) when he saw a big dog.
22. Patrick is always showing off what is really _____ (annoy).
23. That lamp produces a very _____ (please) effect.
24. I had such a _____ (tire) day I went straight to bed.
25. No one knew what would happen next. We were all _____ (intrigue).
26. I walked into this restaurant and there was Andy with a strange woman. He seemed really _____ (embarrass).
27. He's such a _____ (bore) guy. He only ever talks about himself.
28. The whole school was _____ (sadden) by the tragic event.
29. His mother was _____ (disgust) by what she found under his bed.
30. It's so _____ (frustrate)! No matter how much I study I can't seem to remember this vocabulary.
31. That film was so _____ (depress)! There was no happy ending for any of the characters.
32. Don't show my baby photos to people, Mum! It's so _____ (embarrass).
33. It's okay, it's only me. Don't be _____ (alarm).
34. Maggie looks _____ (overwhelm) with work at the moment.
35. Paul isn't very academic, but luckily he has _____ (encourage) teachers.
36. There's been some very _____ (amaze) news recently.

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