Match the picture to the word.

1. desk
2. notebook
3. blackboard
4. classroom
5. student
6. map
7. university
8. dictionary
9. library

Complete each sentence with the correct word from the list.

careful grateful stressful

10. She was very_____for the present.

11. The weeks before exams can be a very_____time.

12. You must be very_____when you check your homework.

Match the two parts of the sentence.

LIVEWORKSHEETS

a. and he got one hundred percent in the last test.
b. the party tomorrow night.
c. because he didn't do his homework.

13. I won't make it to
14. Paul was in trouble yesterday
15. Jack is very good at maths

Complete each sentence with the correct form of the adjective in brackets.

16. My brother is four years_____(old) me.
17. Some students think that learning online is_____(good) learning in a classroom.

18. Speaking is_____(easy) reading for many students who are learning a language.

19. The Final Exam is_____(important) exam during the academic year.

20. I find it_____(difficult) to study at night than in the morning.

Choose the correct option.

21. Learning history is much_____for me than learning physics.
    a. more easy
    b. easiest
    c. easier

22. The_____time of year for me is spring.
    a. more best
    b. best
    c. the most best

23. Claire is_____with her money than Jane.
    a. more careful
    b. the most careful
    c. careful

    My mother is_____my father.
    d. quietest than
    e. quiet than
    f. quieter than

24. Tom goes to the gym _____ Rob.
    a. most often than
    b. more often than
    c. often than

Complete each sentence with the correct form of the adjective in brackets.

25. I think that doing a sport is just _____ (important) studying.

26. Road biking is_____(not challenging) mountain biking.

LIVEWORKSHEETS

27. She is_____(brave) to go on the scary ride.

28. He is_____(serious). He needs to laugh sometimes.

29. Ben is_____(clever) person. He always gets an 'A' grade in all the tests.

Choose the correct option.

30. Some kids find rugby_____.
    a. as physical as
    b. physical enough
    c. too physical

31. Computer skills are just_____other skills these days.
    a. as important as
    b. important enough
    c. too important

32. Some poor countries have_____for clean drinking water.
    a. need enough
    b. such a need
    c. too need

33. Watching videos is_____playing video games.
    a. so fun
    b. fun enough
    c. not as fun as

34. Martin has_____laptop.
    a. such a great
    b. so great
    c. great enough

Are the following sentences correct? Choose T (True) or F (False). Correct the incorrect sentences.

35. I find physics so hard.

    _____

36. Being able to work in a team is such important for any job.

    _____

37. The homework we get isn't so challenging enough.

    _____

38. The ring I bought is more beautiful than my other ring.

    _____

39. This bag is not as stronger as the other one.

LIVEWORKSHEETS

Read. Choose T (True) or F (False).

Nothing is impossible!

My name is Emily. I am not a very sporty or active person and the idea of an outward-bound course has never appealed to me. However, my father said to me "I think you should do something useful during the summer holiday instead of wasting time on your phone at home".

It was a 5-day programme, and some of my friends did the course last summer. My friend, Janet, said "It was hard work but very rewarding". The course is supposed to increase a person's confidence. It also helps you to have better relationships with other people. In addition, it makes you stronger mentally and gives you a better knowledge and understanding of the environment.

When you are looking for a job, companies like to see experience of this kind on your CV. Companies believe that it develops useful skills in people like better self-management skills and being prepared to work harder to achieve a goal. They also say "These people have better communication skills and a better attitude to work".

I did an Adventure and Challenge course. On the first day, we were given an introduction to the course and we talked about our hopes and fears. On the second day, we did a rock scramble which was fun and not too difficult. On the third day we did the mountain walk. This was really tough as we had to walk to the top of the mountain where we set up camp for the night. I found this so difficult because I wasn't fit, but with the encouragement of my teammates saying "Come on Emily, you can do it", I managed to make it to the top.

The next day we packed up camp and walked down the other side of the mountain to a river. When we got there, were given some basic kayak training. We then in pairs had to kayak back to the centre.

On the last day, we were recognised for our achievements. I won an award for the 'most improved' team member, and my friends said to me "You deserved it, Emily".

40. It was Emily's idea to join a camp.
    a. True
    b. False

41. Emily did the course with some of her friends.
    a. True
    b. False

42. The course was for confident people only.
    a. True
    b. False
43. The course makes you physically stronger.
    a. True
    b. False

44. They stayed in tents on top of the mountain.
    a. True
    b. False

Read. Match the idea with the quote.

LIVEWORKSHEETS

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a. Emily's friends thought it was right that she won a prize.
b. Emily's friend Janet thought the course was difficult but useful.
c. Emily's friends cheered her on.
d. A manager thinks the course is good for future employees of his company.
e. Emily's father wanted her to be more active.

45. "I think you should do something useful during the summer holiday instead of wasting time on your phone at home."
46. "It was hard work but very rewarding."
47. "These people have better communication skills and a better attitude to work."
48. "Come on Emily, you can do it."
49. "You deserved it, Emily."

Read. Choose the correct option.

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LIVEWORKSHEETS

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46. What does 'useful' mean?
    a. something that you use a lot
    b. something that helps you achieve something
    c. something that you like
47. What does 'teammates' mean?
    a. people who have many friends
    b. people in another team
    c. people in the same team

48. What does 'make it to' mean?
    a. create
    b. climb
    c. reach

49. What does 'They' refer to?
    a. companies
    b. people
    c. skills

50. What does 'there' refer to?
    a. camp
    b. mountain
    c. river

Listen to Aisha and Lucas. Choose T (True) or F (False). Audio 1.04

51. The camp wasn't as difficult as Aisha imagined it would be.
    a. True
    b. False

52. Aisha went swimming on the second day.
    a. True
    b. False

LIVEWORKSHEETS

53. In the evening on the first day, they didn't do anything physical.
    a. True
    b. False
54. On the first day, they didn't do much.
    a. True
    b. False

55. On the second day, they had to climb out of a valley.
    a. True
    b. False

Listen to Aisha and Lucas. Choose T (True) or F (False). Audio 1.04

56. Aisha's team were worried about their raft.
    a. True
    b. False

57. All the rafts sank during the race.
    a. True
    b. False

58. They all went for a swim after the raft race.
    a. True
    b. False

59. Aisha's team didn't build their raft properly and it fell apart.
    a. True
    b. False

60. Lucas may join an activity camp in the future.
    a. True
    b. False

Listen to Aisha and Lucas. Match the word to the correct meaning. Audio 1.04

a. abilities to do an activity well
b. makes you feel worried
c. use original and unusual ideas
d. a group of people working together to achieve something
e. became better at something

61. creative
62. stressful
63. developed
64. skills
65. team

Writing

66. Write an email to a college asking about a course. Write at least five sentences.

LIVEWORKSHEETS

_____

_____

_____

_____

_____

_____

Match the phrases with their uses.

a. Saying how you know about the course
b. Saying why you are writing
c. Greeting
d. Closing statement asking for a reply

67. Dear Newman College,
68. I look forward to hearing from you.
69. I'm writing because I'd like more information.
70. I saw the course advertised …

Watch. Choose the correct option. Video 4.1

71. The original research was done in the USA.
    a. True
    b. False

72. Four kids were put in a room with one marshmallow.
    a. True
    b. False

73. All the kids tried to eat a marshmallow.
    a. True
    b. False

74. The first kid to eat a marshmallow would get another one.
    a. True
    b. False

75. All the kids ate a marshmallow in the first minute.
    a. True
    b. False

LIVEWORKSHEETS