

INTRODUCTION



VOCABULARY

Food and Nutrition

baked – *asado/a, al horno*

carbohydrates – *hidratos de carbono, carbohidratos*

cooked – *cocinado/a*

fresh – *fresco/a*

fried – *frito/a*

frozen – *congelado/a, helado/a*

healthy – *sano/a, saludable*

mineral – *mineral*

protein – *proteína/s*

raw – *crudo/a*

salty – *salado/a*

sour – *amargo/a, ácido/a, agrio/a*

sweet – *dulce*

vitamin – *vitamina*

1 Elige la respuesta correcta.

- I love **baked** / **raw** potatoes with cheese.
- You should always eat **cooked** / **healthy** food.
- Oranges have got **mineral** / **vitamin C**.
- Always eat **fresh** / **salty** fish.
- Eat eggs for **protein** / **carbohydrates**.
- I love **fried** / **frozen** yoghurt with **sweet** / **sour** chocolate.

3 Relaciona estas palabras con su definición.

- | | |
|--------------|--|
| 1 elbow | ...a This is under your mouth. |
| 2 toes | ...b You think with this. |
| 3 chin | ...c This is between your wrist and your shoulder. |
| 4 brain | ...d Your food goes into these. |
| 5 intestines | ...e There are ten of these on your feet. |

Parts of the Body

ankle – *tobillo*

back – *espalda*

bone – *hueso*

brain – *cerebro*

chin – *barbilla*

elbow – *codo*

heart – *corazón*

intestines – *intestinos*

knee – *rodilla*

lung – *pulmón*

neck – *cuello*

shoulder – *hombro*

toe – *dedo del pie*

wrist – *muñeca*

Health

bandage – *venda*

bite – *picadura; mordedura*

blood – *sangre*

cold – *resfriado, catarro*

cough – *toser*

flu – *gripe*

get better – *mejorar*

headache – *dolor de cabeza*

in pain – *con dolor/es*

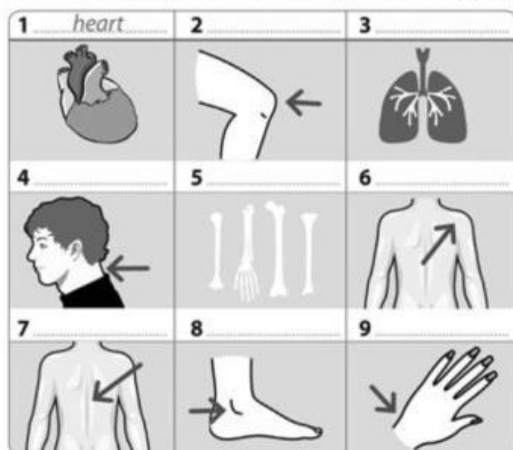
sneeze – *estornudar*

tablet – *pastilla; comprimido*

upset stomach – *estómago*

revuelto

2 Escribe las partes del cuerpo sobre las imágenes.



4 Completa las frases con las parejas de respuestas.

bite / get better | upset stomach / flu | cold / cough
in pain / bandage

- Jane had an upset stomach yesterday. She hopes she isn't getting flu.
- Tom's flu is better, but he has still got a bad cough.
- The dog bite was very painful and it took a long time to get better.
- The cut on my leg was small and I wasn't in pain, but I put a bandage on the cut.