

Everybodyup 5 – Unit 5 – Lesson 1

A. VOCABULARY

Exercise 1: Match the words with the pictures



Wash my hair



Take a shower



Floss my teeth



Check my calendar



Pack my schoolbag



Iron my clothes

Exercise 2: Match the words with their meanings

Shower

Calendar

Pack

Iron

- a. A book with dates and months
- b. Take a bath under running water
- c. Prepare your luggage for a trip
- d. Remove wrinkles from clothes

Exercise 3: Circle the correct answers

1. When you want to clean your teeth:
 - a. Wash my hair
 - b. Take a shower
 - c. Floss my teeth

2. When you need to look at your schedule:
 - a. Check my calendar
 - b. Pack my schoolbag
 - c. Iron my clothes

3. When you are getting ready to clean yourself:
 - a. Take a shower
 - b. Pack my schoolbag
 - c. Floss my teeth

4. When you want to make your clothes neat:
 - a. Take a shower
 - b. Iron my clothes
 - c. Check my calendar

5. When you need to make your hair clean:

- a. Wash my hair
- b. Pack my schoolbag
- c. Check my calendar

6. When you prepare for school:

- a. Pack my schoolbag
- b. Iron my clothes
- c. Floss my teeth

B. GRAMMAR

Exercise 1: Circle the correct answers

1. I always my hair before I go to bed.

- A. wash
- B. washing
- C. washes

2. I always floss my teeth before I to bed.

- A. go
- B. going
- C. goes

3. you wash your hair before you go to bed?

- A. Did
- B. Does
- C. Do

4. take a shower before you go to bed?

A. Do

B. Do you

C. You

Exercise 2: Rearrange the words

1. always / clothes / my / I / iron / before / go / bed / to.

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2. check / sometimes / my / calendar / I / before / go / to / bed.

.....

3. do / you / wash / your / hair / before / bed / to / go /?

.....

4. do / you / teeth / floss / your / before / bed / go / to /?

.....

Exercise 3: Fill in the blanks

(always , before , wash , teeth , my)

1. I take a shower before I go to bed.

2. I rarely check calendar before I go to bed.

3. I sometimes my hair before I go to bed.

4. I usually floss my before I go to bed.

5. I never iron my clothes I go to bed.

C. LISTENING

Exercise 1: Listen and number (Track 2 – CD2)













Exercise 2: Listen and write (Track 4 – CD2)

1. I wash my hair before I go to bed.
2. I take a shower before I go to bed.
3. I floss my teeth before I go to bed.
4. I check my calendar before I go to bed.
5. I pack my schoolbag before I go to bed.
6. I iron my clothes before I go to bed.

D. WRITING

Exercise 1: Make the sentences

I **always** wash my hair before I go to bed.

☐ ☐ ☐ ☐	☐ ☐ ☐ ☐	☐ ☐ ☐ ☐
always	usually	often
☐ ☐ ☐ ☐	☐ ☐ ☐ ☐	☐ ☐ ☐ ☐
sometimes	rarely	never



1.
2.
3.
4.
5.
6.

Exercise 2: Write a paragraph about your daily routine

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