

1. What is the benefit of the Sinukwan Festival for the local economy?
  - a) It decreases tourism
  - b) It causes financial losses
  - c) It strengthens the local economy
  - d) It has no impact on the economy
2. What is the aim of the Sinukwan Festival to preserve and disseminate on a global measure?
  - a) Kapampangan culture
  - b) Modern technology
  - c) foreign languages
  - d) Fashion trends
3. What different activities are part of the Sinukwan Festival?
  - a) Street dancing, parades, and cultural shows
  - b) Cooking competitions
  - c) Fashion shows
  - d) All of the above
4. What role does it play in nurturing unity and pride among the Kapampangan people in the Sinukwan Festival?
  - a) It encourages isolation
  - b) It promotes competition
  - c) It divides the community
  - d) It fosters a sense of belonging and pride
5. What is the best description of the Sinukwan Festival?
  - a) A food festival
  - b) A sports event
  - c) A modern dance competition
  - d) A celebration of Kapampangan culture and heritage

1. What do you call the circle dance performed during the Bindiyan festival?

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2. Do the dancers wear costumes when they dance?

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3. What are the different instruments you observe while watching the video performances?

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4. How will you respond whenever you hear the sound of gongs (gangsa) and sulibao?

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5. Who among you has already witnessed/experienced the Benguet Dance Festival or the Bindiyan Festival? What activities do you usually observe in Bindiyan festival?

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6. Bendiyan means

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7. Bendian dance is a significant dance and it originated in

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\_\_\_\_\_ 1. To move the body and feet to the music.



\_\_\_\_\_ 2. Ceremonial dance of the Igorot.



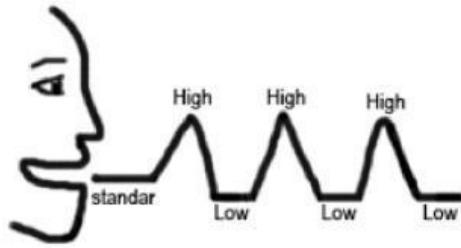
\_\_\_\_\_ 3. It is a wrap-around skirt for women.



\_\_\_\_\_ 4. A traditional loincloth worn by men in the Igorot ethnic group.



\_\_\_\_\_ 5. The highness and lowness of a sound.



\_\_\_\_\_ 6. The instrument is heated, then pounded and bent using a metal cylinder to create a particular sound.



\_\_\_\_\_ 7. The instrument is played by striking the drumhead using the palm.



In a  $\frac{1}{4}$  sheet of paper, draw a smiling face emoji 😊 if the statement is a fact and a frowning face emoji ☹️ if it is a bluff.

1. The main instruments playing the Bendian dance are gangsa and solibaos.
2. The traditional attire of the Igorots of Benguet includes kambal, bahag, eten, shenget, and ketep.
3. In Bendian dance only the elderly men and women can participate.
4. Bendian is performed to celebrate a bountiful harvest only.
5. The traditional attire of the Igorot reflects their way of life, culture, personalities, religious practices, and rituals

\_\_\_\_\_ 1. is a way to convey feasting, happiness, or festivity.

\_\_\_\_\_ 2. dances while wearing a sarong and a blanket. Their attire is colorful, and they are in a striped pattern.

\_\_\_\_\_ 3. which means fly among the Igorots

\_\_\_\_\_ 4. represents bravery and self-confidence during the  
tayaw

\_\_\_\_\_ 5. represents humility and submission.

\_\_\_\_\_ 6. The dancers occasionally \_\_\_\_\_ into the sky  
and then down at the floor, signifying a request for fertility and an abundant crop.

\_\_\_\_\_ 7. pairs of dancers

\_\_\_\_\_ 8. Instrumentalists

\_\_\_\_\_ 9. gong players

\_\_\_\_\_ 10. solibao players

\_\_\_\_\_ 11. takik player

\_\_\_\_\_ 12. male dancer called

\_\_\_\_\_ 13. female dancer called

\_\_\_\_\_ 14. while they were dancing tayaw, \_\_\_\_\_ was  
offered to them

\_\_\_\_\_ 15. A \_\_\_\_\_ in the form of a wish is said aloud to  
the dancers during the music playing as an offering to the spirits