	3rd Year - Revision	2021
		DATE

I) READING COMPREHENSION

A day in the life of a football player

Hi! My name's Anthony Martial and I'm from England. I'm a footballer and I play for Manchester United in the English Premier League. I live in a block of flats with my wife and my daughter. Our flat is in the centre of London and the block is very modern.

I have a very strict daily routine. I always get up at half past seven and I have breakfast at 7.40 a.m. with my family. I usually have toast with butter, eggs and orange juice. But I sometimes have a fruit salad and a bowl of cereal. In the morning, I always go jogging and then I take my daughter to school. Her favourite subjects are Chemistry and Geography. After that, I often go to the gym and I do exercise until midday.

In England, football matches are usually on Saturdays. Those days, I go to the stadium at about 9.15. Our practice starts at 9.30 and I'm never late. I have lunch at quarter past twelve with the other players. We usually have pasta or chicken with vegetables. The match starts at 3 p.m. and finishes at 4.30 p.m. After the match I have a drink with the team in the pub in front of the stadium. I usually go home at 6 o'clock.

Yesterday we played against Arsenal and I scored two goals. It was a great match. When I got home, I had a shower and cooked dinner for my family. I went to sleep at about 9 p.m. I was very tired so I didn't read in bed or watch a DVD. It's not easy to be a football player!

READ THE TEXT AND ANSWER THE QUESTIONS

1. Where does Antony live?

2. Is he married?

3. What does he have for breakfast?

4. How often does he go jogging?

5. What did he do after the match?

ARE THESE STATEMENTS TRUE (T) OR FALSE (F)?

a) Antony has got an unhealthy diet. _____

b) He plays football at the weekend. _____

LIVEWORKSHEETS