To say how many times	To talk about a recent action which might not be finished	To talk about life experience
When the result is more important	To explain the 'side effects' of an activity, e.g. why the kitchen is a mess	
To say how long	To talk about a finished activity	When the action is more important

Present perfect simple (*have/has done*)	**Present perfect continuous (*have/has been doing*)**

Read the sentences and circle the correct option.

1. He's waiting for Amy. He arrived 40 minutes ago.

   a. He's been waiting for 40 minutes. b. He waits for 40 minutes. c. He's waited for Amy for 40 minutes.

2. Sophie is planning to buy souvenirs. It's on her list of things to do.

   a. Sophie's already bought souvenirs. b. Sophie hasn't bought souvenirs already. c. Sophie hasn't bought souvenirs yet.

3. Sophie wanted to visit the Burj Al Arab hotel. She went there two days ago.

   a. Sophie hasn't been to the Burj Al Arab hotel yet. b. Sophie has already been to the Burj Al Arab hotel. c. Sophie has just been to the Burj Al Arab hotel.

4. I don't know what octopus tastes like!

   a. I haven't been trying octopus. b. I've already tried octopus. c. I've never tried octopus.

5. Ollie took his cake out of the oven a moment ago.

   a. Ollie has been making a cake. b. Ollie has just made a cake. c. Ollie hasn't made a cake yet.

LIVEWORKSHEETS