

## WORKSHEET

Date: 10/12/2024  
Health problems



Teacher's feedbacks

**Task 1: Look and write.**

*Have high blood pressure*

*Have a fever*

*Have a rash*

*Have a sore throat*

*Have a sprained ankle*

*Have a cut*

*Have a headache*

*Have a flu*

*Have a cough*

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**Task 2: Read and match the words with the correct definition.**

<i>Thermometer</i>	<i>Patient</i>	<i>Doctor</i>	<i>Capsule</i>
<i>Fluids</i>	<i>Tablet</i>	<i>Painkiller</i>	
<i>Aspirin</i>	<i>Antibacterial</i>	<i>Antiviral</i>	
<i>Indigestion</i>	<i>Ointment</i>	<i>Antacid</i>	

1. A person who is trained to treat illnesses and help people stay healthy. ....
2. A person who receives medical care or treatment. ....
3. A tool used to measure body temperature. ....
4. Liquids that are used to keep the body hydrated, like water, juice, or soup. ....
5. A small, solid medicine, usually taken by swallowing it. ....
6. A type of medicine that helps reduce or relieve pain. ....
7. A medicine enclosed in a small container, usually made of gelatin, that is swallowed. ....
8. A common pain reliever that can also reduce inflammation and fever. ....
9. A smooth, thick liquid used on the skin to help heal cuts or relieve pain. ....
10. Discomfort or pain in the stomach caused by difficulty in digesting food. ....
11. A medicine that helps relieve heartburn or indigestion by neutralizing stomach acid. ....
12. A type of medicine that fights against viruses and helps treat infections. ....
13. A substance that kills or slows the growth of bacteria and is used to stop infections. ....

**Task 3: Read the passage and write True(T) or False(F).**

## Health and medicine

Health and medicine are essential parts of our lives. When we feel sick or injured, knowing how to care for ourselves is important. Doctors and nurses help us by diagnosing illnesses and providing treatments. Patients visit doctors when they have problems like a fever, a headache, or a sore throat.

Different tools and medicines are used to treat various conditions. For example, a thermometer measures body temperature when someone has a fever. If you have a headache, painkillers like aspirin or tablets can help. When people experience indigestion, they may take an antacid to feel better. For cuts or rashes, an ointment can be applied to the skin.

Some medicines work against specific problems. Antibacterial medicines treat bacterial infections, while antiviral medicines are used for illnesses like the flu. It is also important to stay hydrated by drinking plenty of fluids, especially when you are unwell.

Taking care of your health also means preventing illness. Washing your hands, eating healthy foods, and exercising regularly are all good habits. If you have any serious symptoms, it is always a good idea to consult a doctor for advice and treatment.

1. Doctors and nurses help by diagnosing illnesses and giving treatments.
2. A thermometer is used to measure blood pressure.
3. Painkillers like aspirin can help with a headache.
4. An antacid is used for treating cuts or rashes.
5. Antibacterial medicines fight infections caused by bacteria.
6. Antiviral medicines are used to treat the flu.
7. Drinking plenty of fluids is important when you are unwell.
8. Washing your hands can help prevent illness.
9. Exercising regularly can make you sick.
10. If you have serious symptoms, you should visit a doctor.