

## Integrated Assessment 4

### Reading

Read the following text and write the correct answer in the box. Write A, B, C, or D.

#### The disadvantages of the internet

The internet, while a powerful tool for communication and information, has several notable disadvantages. One major concern is privacy and security. Personal data can be vulnerable to theft and misuse, leading to identity theft and financial loss. Additionally, the internet can be a breeding ground for misinformation and cyberbullying, which can have serious social and psychological impacts. Another significant issue is addiction. Many people, especially young users, can become addicted to online gaming, social media, or other internet activities, which can negatively affect their mental health, leading to anxiety and depression. Overuse of the internet can also result in a lack of physical activity and poor social interactions, as people may prefer virtual interactions over real-life connections. Lastly, the internet can contribute to reduced attention spans and a decline in deep, critical thinking. The constant influx of information and the habit of skimming through content can make it difficult for individuals to focus and engage in meaningful, in-depth reading.

1. What is one major concern regarding the internet?

- A) Speed and connectivity
- B) Privacy and security
- C) Cost of access
- D) Availability of content

2. What can personal data be vulnerable to on the internet?

- A) Loss and damage
- B) Theft and misuse
- C) Duplication and storage
- D) Sharing and distribution

3. What are two potential consequences of personal data theft?

- A) Loss of files and slow internet
- B) Identity theft and financial loss

- C) Increased ads and spam emails
- D) Reduced storage and bandwidth

4. **What social issue can the internet be a breeding ground for?**

- A) Online shopping
- B) Misinformation and cyberbullying
- C) Educational content
- D) Job opportunities

5. **What are the social and psychological impacts of cyberbullying?**

- A) Increased productivity
- B) Serious social and psychological impacts
- C) Better communication skills
- D) Improved mental health

6. **What is a significant issue related to internet use among young users?**

- A) High costs
- B) Addiction
- C) Limited access
- D) Slow speeds

7. **Name two activities that people can become addicted to on the internet.**

- A) Online shopping and banking
- B) Online gaming and social media
- C) Emailing and video conferencing
- D) Research and learning

8. **How can internet addiction affect mental health?**

- A) It can lead to improved focus
- B) It can lead to anxiety and depression
- C) It can enhance memory
- D) It can boost creativity

9. What physical consequence can result from overuse of the internet? ☐

- A) Improved fitness
- B) Lack of physical activity
- C) Enhanced coordination
- D) Increased energy levels

10. How can overuse of the internet affect social interactions? ☐

- A) It can lead to better social skills
- B) It can lead to poor social interactions
- C) It can increase face-to-face meetings
- D) It can improve public speaking

11. What preference might people develop due to overuse of the internet? ☐

- A) Preference for outdoor activities
- B) Preference for virtual interactions over real-life connections
- C) Preference for reading books
- D) Preference for physical exercise

12. How can the internet affect attention spans? ☐

- A) It can improve attention spans
- B) It can contribute to reduced attention spans
- C) It has no effect on attention spans
- D) It can lengthen attention spans

13. What type of thinking can decline due to internet use? ☐

- A) Creative thinking
- B) Deep, critical thinking
- C) Logical thinking
- D) Abstract thinking

14. What habit can make it difficult for individuals to focus? ☐

- A) Reading books
- B) Skimming through content
- C) Exercising regularly
- D) Eating healthy

15. What is the impact of the constant influx of information on individuals? ☐

- A) It makes it easier to focus
- B) It makes it difficult to focus and engage in meaningful, in-depth reading
- C) It has no impact on focus
- D) It improves memory retention

16. What is one psychological impact of internet addiction? ☐

- A) Increased happiness
- B) Anxiety
- C) Enhanced creativity
- D) Improved social skills

17. What is another psychological impact of internet addiction? ☐

- A) Depression
- B) Increased motivation
- C) Better sleep
- D) Improved concentration

18. What can the internet lead to in terms of physical health? ☐

- A) Improved fitness
- B) Lack of physical activity
- C) Enhanced strength
- D) Better posture

19. What is a social consequence of preferring virtual interactions? ☐

- A) Better social interactions
- B) Poor social interactions
- C) Increased face-to-face communication
- D) Improved public speaking

20. What is a cognitive consequence of the constant influx of information? ☐

- A) Improved critical thinking
- B) Decline in deep, critical thinking
- C) Enhanced problem-solving skills
- D) Better memory