

Name:

Grade:

Date:

1 Color the boxes in which muscles appear:

ANKLE

BICEPS

GLUTEUS

FEMUR

2 Complete:

My locomotor system is made up of 206 _____, joints and more than 600 _____.

My _____ protect my brain.

My _____ protect my heart and my lungs.

ribs

bones

skull

muscles

3 Put the following words in order between joints and muscles:

Triceps

Elbow

Abdominal

Hips

Calf muscle

MUSCLES

JOINTS



4 Circle true or false.

The humerus is a bone

True / False

Calf muscles are in my arms

True / False

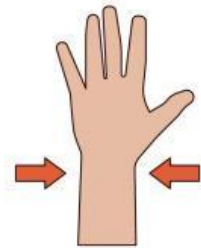
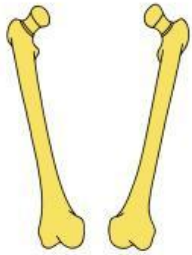
Quadriceps and pectoral are in the torso

True / False

My body has two parts: head and limbs

True / False

5 Write the name:



6 Label the muscles:

Biceps

Gluteus

Calf muscles

Triceps

Pectoral

Abdominal

Quadriceps

