

A Day in My Life

I wake up every morning at 7:00 AM. The sun shines through my window. I stretch my arms and get out of bed. I go to the bathroom to wash my face and brush my teeth. After that, I go to the kitchen. I make breakfast. I like to eat toast and drink orange juice. It is tasty and gives me energy.

After breakfast, I get dressed. I wear a T-shirt and jeans. Then, I put on my shoes. I am ready for the day. At 8:00 AM, I leave my house. I walk to school. I like walking because it is good exercise. On the way, I see my friends. We talk and laugh.

School starts at 8:30 AM. My first class is English. I like English because we read stories and write. The teacher is nice and helps us. After English, I have math class. Math is sometimes hard, but I try my best.

At 12:00 PM, it is lunchtime. I eat my lunch with my friends in the cafeteria. I have a sandwich and an apple. We talk about our favorite games and movies. After lunch, I go to my last classes, which are science and history. I learn many interesting things.

School ends at 3:00 PM. I walk home with my friends. When I get home, I do my homework. I spend about one hour studying. After homework, I have free time. I like to play video games or watch TV.

In the evening, I have dinner with my family. We talk about our day. After dinner, I take a shower and get ready for bed. I read a book for a little while. At 10:00 PM, I go to sleep. I feel happy and ready for another day.

Fill in the Blank: Fill in the blank with the correct words.

1. I wake up every morning at _____ AM.
2. I like to eat _____ and drink orange juice for breakfast.
3. School starts at _____ AM.
4. At lunchtime, I eat in the _____ with my friends.
5. In the evening, I _____ a book before going to sleep.

Word bank: cafeteria, toast, read, 7:00, 8:30

Multiple Choice Questions: Choose the correct answer from the choices for each question.

1. What time does the narrator leave the house for school?

- ☐ a) 7:30 AM
- ☐ b) 8:00 AM
- ☐ c) 8:30 AM
- ☐ d) 9:00 AM

2. What does the narrator like about the English class?

- ☐ a) The teacher is strict
- ☐ b) They read stories and write
- ☐ c) They play games
- ☐ d) They watch movies

3. What is the narrator's favorite activity after homework?

- ☐ a) Reading more
- ☐ b) Playing video games
- ☐ c) Going for a walk
- ☐ d) Cooking

4. Which subjects does the narrator have after lunch?

- ☐ a) Math and English
- ☐ b) Science and history
- ☐ c) Art and music
- ☐ d) Physical education and health

5. How does the narrator feel at the end of the day?

- ☐ a) Tired and sleepy
- ☐ b) Happy and ready for another day
- ☐ c) Sad and bored
- ☐ d) Angry and frustrated