

Name: _____

Fruits and Vegetables

Instructions:

Match the fruits and vegetables with its correct name.



•

• Apple



•

• Onion



•

• Grapes



•

• Broccoli



•

• Banana



•

• Eggplant

K.B

DRAG AND DROP ACTIVITY



Instructions:

Place the following fruits and vegetables in the correct categories.

FRUITS

VEGETABLES



Apple



Carrot



Strawberry



Lettuce



Onions



Pineapple



Cherries



Eggplant

K.B

SEARCH WORDS ACTIVITY



Instructions:

Find the following fruits and vegetables in the word search below.



APPLE

BANANA

CARROT

TOMATO

GRAPE

CUCUMBER

SPINACH

KIWI

BROCCOLI

PEPPER



K.B

LISTENING ACTIVITY



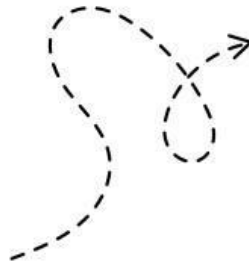
Instructions:

- Play the audio where a person describes the two baskets of fruits and vegetables.
- Based on what you hear, write down:
 - a) The total number of fruits in the fruit basket.
 - b) The total number of vegetables in the vegetable basket.

+



8	10
---	----



+

10	12
----	----



K.B

MULTIPLE CHOICE ACTIVITY



Instructions:

Choose the correct answer for each question.

1. Which of the following is a fruit, not a vegetable?

- a) Carrot
- b) Tomato
- c) Spinach
- d) Broccoli

2. Which vegetable is known for its high iron content?

- a) Cucumber
- b) Spinach
- c) Onion
- d) Pumpkin

3. Which of the following fruits is a type of berry?

- a) Strawberry
- b) Watermelon
- c) Grape
- d) Peach

4. Which vegetable is known for its green color and round shape?

- a) Spinach
- b) Broccoli
- c) Cucumber
- d) Peas



K.B

READING COMPREHENSION ACTIVITY



Read the paragraph and answer the questions:

"Eating fruits and vegetables is essential for good health. Fruits like oranges and bananas provide energy and vitamins, while vegetables like carrots and spinach are rich in fiber and minerals. A balanced diet should include at least five servings of fruits and vegetables daily".

Questions:

- What two nutrients are found in fruits?
- Which vegetables are mentioned as being rich in fiber?
- How many servings of fruits and vegetables are recommended daily?



K.B