

Símbol	Z	A	nº protons	nº neutrons	nº electrons
$^{16}_8\text{O}$	8				
$^{14}_7\text{N}$					
$^{12}_6\text{C}$		12			
$^1_1\text{H}$					
$^4_2\text{He}$					2
$^{27}_{13}\text{Al}$					
$^{40}_{18}\text{Ar}$					
$^7_3\text{Li}$			3		
$^{40}_{20}\text{Ca}$					
$^{39}_{19}\text{K}$					
$^{24}_{12}\text{Mg}$					
$^{56}_{26}\text{Fe}$					
$^{64}_{29}\text{Cu}$				35	
$^{31}_{15}\text{P}$					
$^{32}_{16}\text{S}$					