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1. Listen and organize Valentina's routine in the right order.

VALENTINA'S DAILY ROUTINE IN BOGOTÁ



Valentina always **wakes up** at 6:30 in the morning because she **needs** to start her day early. She usually **stretches** for a couple of minutes and after that, she **brushes** her teeth, **takes** a shower, and **prepares** for the day, sometimes **listens** to vallenato or salsa music while getting ready.

For breakfast, she **loves** eating arepas with cheese and a cup of black coffee. At 7:30, Valentina and her mother **leave** the apartment in Chapinero and **walk** to the nearest TransMilenio station. She almost always **takes** the bus because the traffic jam is impossible and it's the fastest way to get to work, although not the safest one.

At work, Valentina **checks** her email and **participates** in team meetings. She hardly ever **has** time for a long lunch, but when she **does**, she **goes** with her friends and always **orders** her favorite dish, sancocho.

Valentina **goes out** early from work on Fridays, so she **likes** to go to the Park Way to exercise or, she **goes** to La Candelaria to meet with some friends and enjoy a pandebono with hot chocolate at a coffee shop. However, she **arrives** early so she and her mom **cook** at home for the next day, she **loves** when her mom **prepares** arroz con pollo.

Before going to bed, she and her mom always **watch** the novela to relax. They never go to bed late because Bogotá's early mornings are chaos, and Valentina **likes** to feel rested for the next day.