

INSPIRED TOTS EARLY LEARNING CENTER

FIRST TERM EXAMINATION, 2024.

NAME: _____

DATE: _____

Agric science

1. Why do we eat? a. For growth b. To live c. All of the above
2. Carbohydrates are called _____ a. energy giving food b. food c. body building food
3. _____ provides instant energy. a. proteins b fats c. carbohydrates
4. Which of the following is not a food group? a. Soda b. Proteins c. Fats and oil
5. What food group does bread belong to? a. Carbohydrates b. Fats c. Vegetables
6. Nuts like cashews and peanuts are a part of the _____ food group. a. protein b. vitamin c. carbohydrate
7. _____ is a body building food. a. Proteins b. Vitamins c. Fats
8. Foods like eggs, meat and fish are rich in _____ a. vitamins b. fats and oil c. protein
9. Tubers are divided into how many groups? a. 3 b. 2 c. 4
10. Yam is a _____ tuber. a. root b. stem c. none of the above
11. Write the correct words next to the pictures: vegetables, fruits, biscuits, peppers, rice, cereal, cheese, milk, fish.

1. 	_____	6. 	_____
2. 	_____	7. 	_____
3. 	_____	8. 	_____
4. 	_____	9. 	_____
5. 	_____	10. 	_____

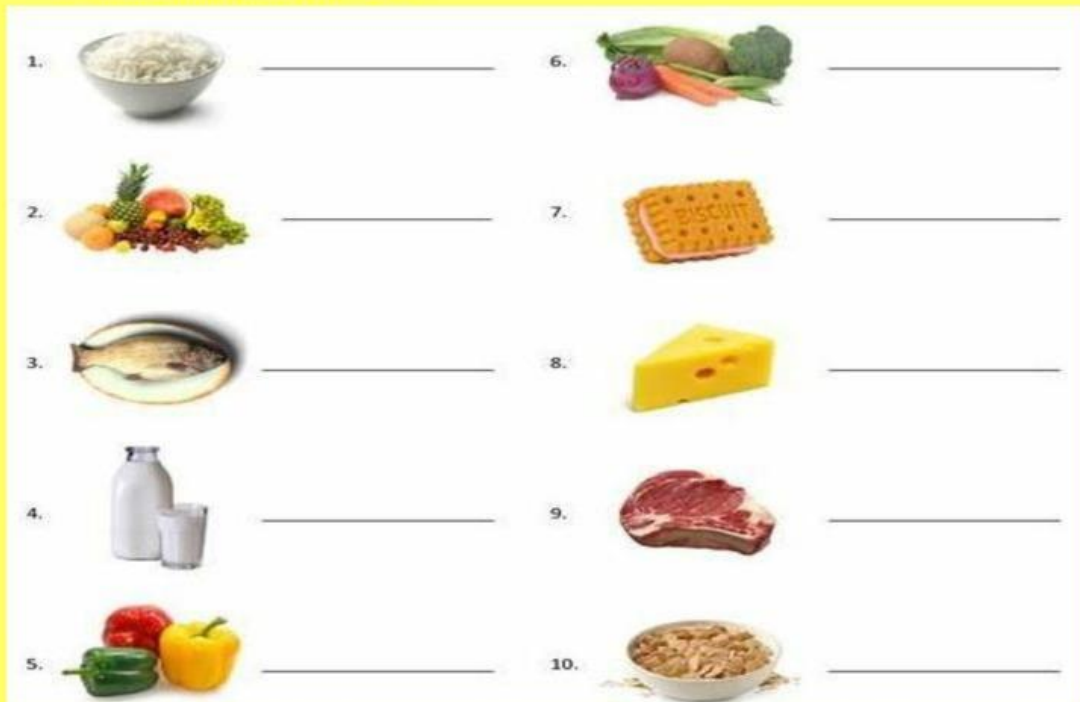
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12. The part of the body used for tasting, chewing and grinding food is the _____ a. eyes
b. shoulder c. mouth d. toes



13. What nutrient does your body's main source of energy come from? a. vitamins b. minerals c. carbohydrates d. fats

14. Tick if the following foods are tuber or grain

- a. Rice - tuber or grain
- b. Yam – tuber or grain
- c. Millet – tuber or grain
- d. Bread – tuber or grain
- e. Potatoes – tuber or grain
- f. Cassava – tuber or grain
- g. Maize – tuber or grain

15. Water melon is an example of a _____ crop a. tuber b. vegetable c. fruit

16. A meal that contains all the nutrients in the right proportion is called _____ a. balanced diet
b. sweet diet c. pounded diet

17. Fruits and vegetables are sources of _____ a. fats and oil b. proteins c. vitamins

18. _____ is an example of tuber crop. a. yam b. milk c. pepper

19. Water aids _____ in the body. a. malaria b. digestion c. fear

20. Another name for protein food is _____ a. carbohydrates b. body building food c. balance giving food

21. Grain crops can be used to make _____ a. pap b. mango c. potatoes

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22. All the following are composition of food nutrients expect _____ a. protein b. mineral c. energy
23. A plant that grows where it is not wanted is known as _____ a. weed b. cash crop c. perennial crop
24. We eat to protect the body from _____ a. energy b. disease c. hunger
25. Which of these is not a vegetable? a. okra b. mango c. carrot
26. Bitter leaf can be used for _____ a. soap b. cream c. medicine
27. Vegetables supply the body needed _____ a. protein b. vitamins c. energy
28. Fruits give the body _____ a. carbohydrates b. vegetable c. vitamins
29. _____ is a seed bearing part of a plant or tree we eat as food. a. carbohydrate b. vegetable c. fruit
30. _____ is an example of local body building food. a. cowpea b. rice c. egg

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CLASSIFY THE FRUITS AND VEGETABLES

FRUITS	VEGETABLES

Banana 	Broccoli 	Pear 	Tomato 	Orange 
Avocado 	Pineapple 	Potato 	Strawberry 	Cucumber 
Onion 	Grapes 	Cherry 	Corn 	Mango 