Geographical features

1 **Label the picture with the words below.**

cave ■ cliff ■ desert ■ forest ■ hill ■ lake ■ mountain ■ plain ■ sand dune ■ sea ■ valley ■ waterfall

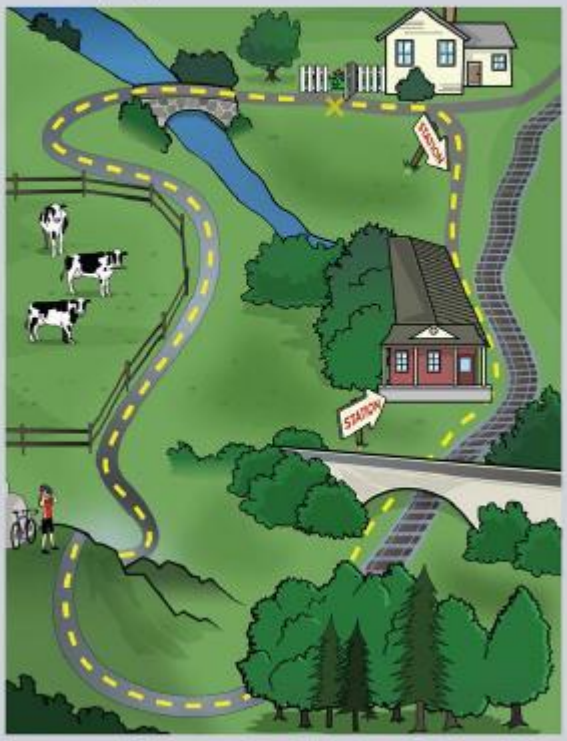
2 **Match definitions 1–12 to the words in exercise 1.**

1 an inland area of water
2 an area of land that is quite high
3 a high area of rock next to the sea
4 the low land between two mountains or hills which often has a river running through it
5 a river that falls from a high place
6 a large area of flat land with very few trees
7 a large area of land covered with trees
8 a hill of sand by the sea or in the desert
9 a large area of land with very little water and very few plants
10 a hole in the side of a hill or under the ground
11 an area of land that is very high
12 a very large area of water

3 **Work in pairs. Think of a famous place for each of the geographical features in exercise 1. Then write a sentence explaining what it is and where it is.**

The Sahara is a desert in the north of Africa.

2 **Look at the map showing the route Heidi cycled yesterday to take some photos. Then complete the text with prepositions in exercise 1.**



Heidi went [1]..... her garden and cycled [2]..... the station. After she passed the station, she cycled [3]..... the railway line and [4]..... the station. Then, she went [5]..... the bridge and [6]..... the forest. After that, she cycled [7]..... the mountain to take some photos. After she had a rest, Heidi cycled [8]..... the mountain and [9]..... a field, [10]..... some cows. Then she went [11]..... the river and [12]..... her garden again. When she got home, she posted her photos online for her friends to see.

Prepositions of movement

1 **Match cyclists 1–12 to the prepositions below.**

across ■ along ■ away from ■ down ■ into ■ out of ■ over ■ past ■ through ■ towards ■ under ■ up

LIVEWORKSHEETS

Vocabulary bank 3

Food and nutrition

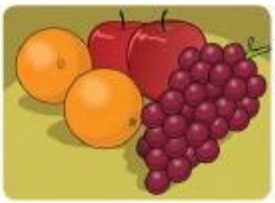
1 Match definitions 1–10 to the words below.

■ additive ■ calorie ■ carbohydrates ■ fat ■ minerals ■ nutrient ■ protein ■ salt ■ sugar ■ vitamins

1 a unit of energy contained in food
2 any substance that the body takes out of food to use
3 a substance that adds colour or flavour to food
4 a substance that is very sweet
5 substances like calcium, iron and magnesium
6 substances found in pasta and bread that give the body energy
7 a substance found in meat, fish and eggs that is important for helping people to grow and be healthy
8 a substance found in oil and butter
9 substances found in fruit and vegetables that help the body fight infection
10 a mineral used to make food taste better

2 Look at the pictures. What is the most important nutrient in these foods? Label the pictures with four of the words in exercise 1.

1 .....



2 .....

3 .....

4 .....

3 Complete the nutritional information about eggs with the words in exercise 1.

A medium egg contains about eighty [1]calories / salt, which means that it isn't very fattening. Eggs help our bodies grow and be healthy because they contain 13 grams of [2]fat / protein. This [3]nutrient / additive is also found in meat and fish. Eggs have a lot of important [4]sugar / vitamins, including B_{12} and D, and they also contain a lot of [5]protein / calories, like calcium, iron and magnesium. We don't get much energy from eggs because they contain very few [6]salt / carbohydrates. Although eggs contain 9.5 grams of [7]fat / nutrient, doctors often recommend them to people who want to lose weight. Eggs aren't sweet because they have no [8]minerals / sugar. Although they contain [9]vitamins / salt, people often add more to make them taste better. The best thing about eggs is that they don't usually contain [10]carbohydrates / additives that modify their colour or flavour.

Food adjectives

1 Choose the correct words.

1 Healthy food is **good** / **bad** for you.
2 **Everyone** / **No one** enjoys a delicious meal.
3 Raw vegetables are usually **hard** / **soft**.
4 You can keep frozen meat for a **long** / **short** time.
5 Spicy food has **little** / **a lot of** flavour.
6 Organic food is very **natural** / **artificial**.
7 The **best** / **worst** apples are sweet.
8 It's **easy** / **difficult** to eat a tough steak.

2 Rewrite the sentences in exercise 1 with the words below so that they have the opposite meaning.

■ cooked ■ disgusting ■ fresh ■ plain ■ processed ■ sour ■ tender ■ unhealthy

1 ..... food is ..... for you.
2 ..... enjoys a ..... meal.
3 ..... vegetables are usually .....
4 You can keep ..... meat for a ..... time.
5 ..... food has ..... flavour.
6 ..... food is very .....
7 The ..... apples are .....
8 It's ..... to eat a ..... steak.

3 Complete the sentences with adjectives in exercises 1 and 2.

1 Most salads contain r..... vegetables.
2 Indian food is very s.....
3 Add some sugar if the fruit isn't s..... enough.
4 That fish is f..... – it was caught this morning.
5 Pizzas are u..... if you eat too many of them.
6 My steak was so t..... that I couldn't eat it.
7 We buy o..... food because it contains no additives.
8 Our meal was d..... We won't go back to that restaurant.
9 If you put too much vinegar in the salad, it will taste s.....
10 My favourite food is pasta. I think it's d.....

LIVEWORKSHEETS

Houses and homes

1 Label photos 1–10 with the words below.

■ block of flats ■ bungalow ■ caravan ■ castle ■ cottage ■ detached house ■ mansion ■ semi-detached house ■ tent ■ terraced house

1 .....

2 .....

3 .....

4 .....

5 .....

6 .....

7 .....

8 .....

9 .....

10 .....

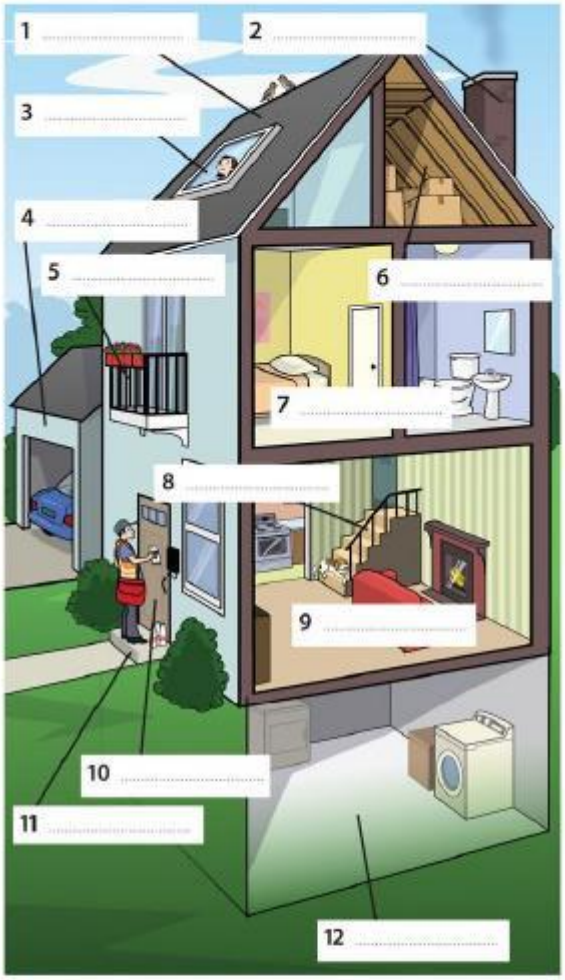
2 Complete the sentences with the words in exercise 1.

1 The ..... was built to protect the city.
2 Our ..... is in a line of similar houses that are all joined together.
3 We parked our ..... and went to explore the area.
4 It didn't take long to put up our ..... at the campsite.
5 The artist lives in a beautiful old ..... in the country.
6 A lot of rich celebrities have bought luxurious ..... in Beverly Hills.
7 The manager owns a ..... with a big garden around it in a suburb of London.
8 A ..... hasn't got stairs, so it's perfect for old people.
9 I live in a ..... which has eighteen floors.
10 We live in a ..... which shares a wall with the house next door.

Parts of a house

1 Label the picture with the words below.

■ attic ■ balcony ■ cellar ■ chimney ■ downstairs ■ front door ■ garage ■ roof ■ skylight ■ stairs ■ step ■ upstairs



2 Answer the questions with words in exercise 1.

Where:

1 is the car? In the .....
2 are the flowers? On the .....
3 are the milk bottles? On the .....
4 is the smoke? Coming out of the .....
5 is the postman? At the .....
6 are the kitchen and the living room? .....
7 are the boxes? In the .....
8 are the birds? On the .....
9 is the girl? Looking out of the .....
10 is the dog? On the .....
11 is the washing machine? In the .....
12 are the bathroom and the bedroom? .....

LIVEWORKSHEETS