

## UNIT 2. HEALTH

Teacher: Phạm Thị Phúc

Tay Nguyen Boarding School

### Listening task 1: What's it good for?

Listen. People are talking about health and relaxation. Where are they? Circle the correct answers.

1	a. a tea shop	b. a sports gym
2	a. a doctor's office	b. an aromatherapist's office
3	a. a yoga class	b. a massage therapist's office
4	a. a sports gym	b. a health food store
5	a. a doctor's office	b. a yoga class

Task 2. Listen again. Check (✓) the two health benefits for each technique.

	sleep better	feel younger	look younger	have more energy	feel calmer
1	<input type="checkbox"/>				
2	<input type="checkbox"/>				
3	<input type="checkbox"/>				
4	<input type="checkbox"/>				
5	<input type="checkbox"/>				

Link: <https://www.liveworksheets.com/w/en/english-7/7889676>